



# Your hospital discharge: another place of care



**This leaflet explains why you are being discharged from hospital and what you might expect after your discharge.**

## Why am I being discharged from hospital?

You are being discharged as your health team have agreed that you are now able to continue your recovery in another care setting, outside of hospital.

## Why can't I stay in hospital?

It is important that our hospitals are able to look after people that need hospital care. Due to this, once you no longer need care in hospital, as decided by the health team looking after you, you will be discharged. It is always our priority to discharge you to the best possible place to support your recovery. You will not be able to remain in hospital if you choose not to accept the care that is being offered to you.

## What can I expect?

Your discharge and transport arrangements will be discussed with you (and a family member or carer if you wish) and you will be discharged with the care and support you need to a bed in the community.

If you need more care now than when you came into hospital, this additional care will be provided free of charge for up to six weeks to support your recovery. After this time, you may be required to contribute towards the cost of your care.

It is possible that you may be moved more than once after your discharge. This is because we will be trying to find the best place for your ongoing care. Your health team are here to answer any questions you might have.

## Who can I contact?

After you have been discharged, if you have any concerns or need to speak to someone about your care,  
☎ NHS 111  
Or go on-line [www.111.nhs.uk](http://www.111.nhs.uk).

For Torbay - Adult Social Services  
☎ 01803 219700

For South Devon - Care Direct Plus  
☎ 0345 1551007