#### **Contact details**

The Lodge Cancer Support and Information centre Monday to Friday 09:00 – 16:00 301803 656490 or email tsdft.thelodge@nhs.net

Macmillan cancer support- www.macmillan.org.uk

My Sunrise App – download free from app stores & select location - Torbay

Kidney Cancer UK - www.kcuk.org.uk

TorbayAndSouthDevonFT

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For further assistance or to receive this information in a different format, please contact the department which created this leaflet.



## PATIENT INFORMATION

# **Urology Cancer Nursing Team -**

Kidney



Working with you, for you

You have been referred to the Urology Cancer Nurses:

We are offering support, information and advice concerning your diagnosis and treatment pathway.

- Information about the investigations that have been requested for you.
- Help with understanding test results.
- Providing information about your diagnosis and treatment options.
- Advise and support with symptom management
- Liaise with specialist team (MDT).
- Available for telephone and face to face consultations.
- Psychological and emotional support for you and your family.
- Support when attending clinical appointments.
- Link with hospital/community.
- Sign posting/ referral to other agencies.
- Support with completing a health needs assessment (HNA).

### **Kidney Cancer Pathway:**



#### **Common symptoms of kidney Cancers:**

- Small kidney cancers may not cause symptoms. Often diagnosed incidentally when having scans for another reason.
- visible blood in urine.
- Pain in your side or lump in your side or back
- high temperature and night sweats
- tiredness/fatigue
- weight loss.
- loss of appetite.



#### Referral from GP:

 2WW - two-week referral to a Urological consultant to investigate suspicion of Kidney cancer



#### **Investigations:**

- Flexible cystoscopy with Urology consultant
- CT scan/Ultrasound scan, diagnostic imaging in the kidneys and urinary system.



#### Biopsy:

- Image guided biopsy under local anaesthetic
- Histology looking at the sample of tissue under a microscope.



# Confirmed diagnosis and treatment recommendation:

- MDT multi disciplinary team meeting for grading, staging and treatment options.
- Surgical treatment may take place at another hospital