

PATIENT INFORMATION

Lung Function Testing

You have been asked to attend the hospital for a lung function test.

Is there anything I need to do to prepare?

Before attending your lung function test, please refrain from:

- Smoking on the day of the test
- Consuming alcohol for at least 4 hours prior
- Substantial meals for 2 hours prior
- Vigorous exercise for 30 mins prior
- Wearing tight or restrictive clothing

Under what conditions might the test not be performed?

Please contact the physiologist team if any of the following have applied to you, in the last 6 weeks:

- Recent surgery – ophthalmic, abdominal, thoracic
- A heart attack, pulmonary embolism or unstable angina
- Coughing up blood
- Chest infection
- Collapsed lung, known as a 'pneumothorax'
- Known aneurysm (thoracic, abdominal or cerebral)
- Acute illness, e.g. vomiting or diarrhoea **in the last 48 hours**

What will happen to my results?

Results are sent to the referring doctor, who requested the test.

If you have any further questions about your appointment, please contact the Respiratory Physiologists on **01803 655120**.

For further assistance or to receive this information in a different format, please contact the department which created this leaflet.

Working with you, for you