

## PATIENT INFORMATION

# Ultrasound procedure for tubal patency testing (HyCoSy)

### What is this test?

It is an ultrasound procedure to check whether your fallopian tubes are open, avoiding the need for general anaesthetic and a small operation or an x-ray.

### What does this involve?

This involves an internal, trans-vaginal, ultrasound scan and inserting a fine tube through the neck of the womb using a procedure very similar to having a smear taken.

We then inject fluid into the womb, which shows very brightly on the ultrasound and can be watched flowing through the womb and down the tubes.

It is a reliable way of knowing that the tubes are open and, should the tubes be blocked, then other diagnostic procedures can then be discussed with you immediately after the procedure.

### How should I prepare for the test?

It can be done at any time of your cycle, apart from when you have a period. We advise to abstain from unprotected intercourse if the procedure is planned during the second half of your cycle.

Although the procedure should not have any ill effects on a pregnancy, it is better to make sure you are not pregnant at the time of doing the test, so if you have a long cycle or there is a chance that you may be pregnant, do a pregnancy test the day before the procedure.

You should take Paracetamol or an alternative painkiller 30 minutes before the test. Although the procedure is not too uncomfortable, we have found that giving a painkiller beforehand ensures any discomfort is minimal.

We will talk you through the procedure during the test which last 30 minutes.

## **What happens after the test?**

You will be able to see the results immediately and should then be able to continue with your day as normal.

## **For more information**

If you need any further explanation or information regarding your visit, please call **(01803) 655931**.

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For further assistance or to receive this information in a different format, please contact the department which created this leaflet.