

PATIENT INFORMATION

Paediatrics

Rheumatology Clinic Information

Attending a Joint Rheumatology Clinic

We have received a referral and will plan to see you in our joint clinic. Joint clinics involve a physiotherapist (Jo Packer/Bev Brodbelt), a nurse (Tracey McWilliams) and a doctor (Lisa Teoh).

1. Examination

We usually examine all the joints, so please could you wear either boxers, cycling shorts or shorts which makes it easy to examine the knees, hips and back.

2. Blood tests

Some people prefer to wait to have the appointment, so we can examine you first and then decide whether or not blood tests are needed. Often no further investigations are required.

If you are keen, there is an option to have some blood tests done about a week in advance of the appointment including FBC, UE, LFT, CRP, bone, TFT, ANA, plasma viscosity, coeliac, Vit D, Igs, along with a height and weight, blood pressure and urine dip. Getting these done in advance will mean that we can look at the results in clinic. We have booked these for you on our computer system. You can have these done at the GP or at paediatric blood clinic which can be booked through Torbay Hospital outpatients (01803 656356).

If you prefer and there is a slot available, you can book them to be done on the same day as the appointment. Please ring us if you are unable to make the appointment.

We look forward to seeing you there.

For further assistance or to receive this information in a different format, please contact the department which created it.

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