

PATIENT INFORMATION

Podiatry Review Appointment

Patient Information

Podiatry Review Appointment

As you have been receiving treatment from the Podiatry department for a while, we have arranged an appointment for you to be seen in a Review Clinic to gather up to date medical information and where necessary update your 'treatment plan' and consider whether you are still eligible for podiatric treatment. Under our new commissioned access criteria, the review will also determine the type of care and frequency of treatment that you will receive.

This information sheet is intended to give you an idea of what the appointment involves and why we carry it out.

What happens at the Review Appointment?

Your appointment will last approximately 30 minutes. You will need to complete any paperwork sent to you prior to the appointment so that we can be provided with an up to date and relevant medical history. If you bring this information with you it will save time at the appointment.

You will not receive any treatment from the Podiatrist at this appointment as the purpose of the appointment is to review your foot health and treatment plan only.

The Podiatrist will complete the required paperwork to ensure that they have a full, detailed understanding of your current medical condition and any medication you take.

A few simple, painless tests will be carried out to check the circulation in your feet and to discover if you have normal sensation in your feet.

At the end of the appointment, the Podiatrist will discuss with you whether or not you are still eligible for treatment.

If you are eligible, a treatment plan will be agreed between yourself and your podiatrist and this will be signed by yourself and the Podiatrist. An appointment for your next treatment will be arranged for a later date.

It may be that the Podiatrist will find you not eligible for treatment and you will be given advice regarding how you or a carer can manage your foot care or foot problems and you will be discharged.

Why do I need a Review?

The purpose of the Review is to make sure that we have up to date information on you and the condition of your feet and to ensure that we have a full understanding of any potential issues which may impact on your feet. We would also need to make sure that the Treatment Plan you have previously signed up to meets your current needs and takes into consideration your medical requirements and whether you are at high risk of ulceration.

For example, those who have:-

- Diabetes
- Rheumatoid
- Poor arterial circulation

Or those who are taking certain medicines. For example:-

Certain doses of Steroids / Immunosuppressants e.g. Prednisolone, Methotrexate.

What happens if I do not agree with the outcome of my Review?

You have the right to ask for a second, independent assessment to be carried out by another podiatrist. Please contact the podiatry office for information about this.

Please be aware that you will not be kept on for 'routine' nail care if you do not have a pre-existing medical condition that could affect your feet. Nail care may only be provided if you have ulcerated feet or have had previous foot ulcers.

If you have been found not eligible for treatment, you may apply for re-assessment after 12 months or if your medical circumstances change.

May I bring a family member or a friend?

Yes, you are welcome to bring someone with you if you wish to do so. Please note that patients under the age of 16 must be accompanied by a parent or guardian.

Ladies may find it more convenient to wear socks rather than stockings or tights.

Checklist

Please bring with you:

- Your appointment letter
- Details of your medication
- Any insoles issued in the past
- Reading glasses if you use them
-

Any personal information about you is kept confidential at all times and is only shared with other health professionals when necessary to support your care and treatment. If we want to use your information for any other purpose, with the exception of when the law requires us to do so, we will discuss this with you and obtain your consent.

Please contact the Podiatry department if you:-

- require further information.
- require this sheet in a different format.
- cannot attend your appointment.
- are disabled; for detailed information on parking and how to access your local podiatry clinic.

Podiatry Access Hub
St Edmunds, Victoria Park Road
Torquay TQ1 3QH

Telephone: 01803 217712

For further assistance or to receive this information in a different format, please contact the department which created it.