

Laughter group or Laughter Yoga.

Bishopsteignton Laughter Yoga Club
Community Centre
Shute Hill
Teignmouth
TA14 9QL

Friday – 7pm every week.

Tim Moorey 07414 752 934
Tim@h2coaching.co.uk

Devon Laughter Yoga “Creative Laughter”
01626 864458
info@creativelaughter.co.uk

Gardening Clubs

Greenway House are always looking for volunteers

Exeter Community Garden.com
Contact @exetercommunitygarden.com

Naturaldevon.org.uk – lots of outdoor volunteers.

GrowingTogetherdevon.co.uk

Devon Wildlife Trust - getactivetogether.co.uk