

## Careers Coaching for Carers Pilot Request Form

I would like to apply for up to three sessions of Careers Coaching for Carers. Each session will last approximately one to one and a half hours.

|   |                                      |
|---|--------------------------------------|
| <b>Name</b>   |                                      |
| <b>Address</b>  |                                      |
| <b>Email</b>  |                                      |
| <b>Phone number</b>   |                                      |
| <b>Preferred method of contact</b>  | <b>By phone:</b><br><b>By email:</b> |
| <b>Your current situation:</b><br><br>Paid employment...(part-time) / (full-time)..... <input type="checkbox"/><br>Started your own business..... <input type="checkbox"/><br>Voluntary work ..... <input type="checkbox"/><br>Unemployed..... <input type="checkbox"/><br>Full-time carer..... <input type="checkbox"/><br>Part-time carer..... <input type="checkbox"/><br>Retired..... <input type="checkbox"/><br>Returned to education..... <input type="checkbox"/><br>Other (please state)..... <input type="checkbox"/> |                                      |
| <b>Please explain the issue(s) on which you would like to be coached:</b><br><br><br><br><br><br><br><br><br><br>   |                                      |
| <b>Please identify up to three goals you have for the coaching experience:</b><br><br><br><br><br><br><br><br><br><br>  |                                      |
| <b>Any particular requests regarding your coach</b><br><br><br><br><br><br><br><br><br><br>   |                                      |

**Where are you able to attend a coaching session:**

|                  |                          |
|------------------|--------------------------|
| North Devon..... | <input type="checkbox"/> |
| East Devon.....  | <input type="checkbox"/> |
| South Devon..... | <input type="checkbox"/> |
| West Devon ..... | <input type="checkbox"/> |
| Plymouth.....    | <input type="checkbox"/> |
| Exeter.....      | <input type="checkbox"/> |
| Torquay.....     | <input type="checkbox"/> |

**Any other comments:**

I agree to take part in the evaluation survey before I start coaching, at the end of coaching and 3-6 months after the end of coaching. The purpose of the evaluation is to see:

- If Careers Coaching for Carers improves the confidence and wellbeing of carers
- If Careers Coaching for Carers improves the readiness of carers to seek work.

I agree to data being held by Devon County Council and its partners to arrange coaching, to undertake coaching and to carry out the evaluation. All evaluation data will be anonymised in the evaluation reports. All personal data will be destroyed by 31 May 2017, at the end of the evaluation process.

**Signed** ..... **Date** .....

NB This information will be treated in a confidential manner and only shared with potential coaches and those arranging coaching.

**Please return this form to:**

For carers living in Devon County Council's geographical area:  
Emily Cavanagh or Sally-Ann Turner, Devon County Council:  
[Emily.cavanagh@devon.gov.uk](mailto:Emily.cavanagh@devon.gov.uk) or [sally-ann.turner@devon.gov.uk](mailto:sally-ann.turner@devon.gov.uk)

For carers living in Torbay:  
Rohan Davidson, Torbay and South Devon NHS Foundation Trust:  
([rohan.davidson@nhs.net](mailto:rohan.davidson@nhs.net))