

## Project News

# DARTMOUTH HEALTH & WELLBEING CENTRE

*Working with you, for you.*

**BUILDING A BRIGHTER FUTURE**

### Turf-cutting ceremony

On Tuesday 6th July, Dartmouth's Deputy Mayor, Graham Evans along with Dr Tony Anderson from Dartmouth Medical Practice and Iris Pritchard, President of Dartmouth Caring broke the ground to mark the start of the building of Dartmouth's brand new Health and Wellbeing Centre.

The ceremony was hosted by Sir Richard Ibbotson, Chair of Torbay and South Devon NHS Foundation Trust and was attended by representatives from the Town and District Councils, and a number of local groups including Dartmouth Leagues of Friends, Dartmouth Medical Centre and its Patient Participation Group, Dartmouth Caring and governors of Torbay and South Devon NHS Foundation Trust.

Sir Richard Ibbotson Chairman for Torbay and South Devon NHS Foundation Trust commented:

*"It is so good to see the long-awaited start of the building of what we believe will be a fantastic facility for the people of Dartmouth and the surrounding communities. It is fitting that we have been able to mark this occasion with Mrs Pritchard and Dr Anderson who have given so much to supporting the health and wellbeing of local people."*



LtoR: Dep. Mayor Graham Evans, Dr Tony Anderson, Iris Pritchard



LtoR: Ian Tuddenham, Dep. Mayor Graham Evans, CEO Liz Davenport, Dr Tony Anderson, Iris Pritchard, Chairman Sir Richard Ibbotson



## Progress since last update:

Since we started work on site in June, the groundworkers have been busy. The site has been stripped of topsoil to allow for the formation of the car park sub-structures. The foundations have been dug, inspected by building control and are in the process of being filled with concrete, so we expect to be able to start the blockwork in the very near future.

In common with many organisations and projects, we are facing challenges with the increase in COVID-19 cases and more people having to isolate after coming into contact with someone who tests positive. However, we are pleased to say that so far, we have managed the challenges with no delays to the project.



## Significant News / Updates:

The main contractor, Classic Builders (SW), has confirmed that the project is on time and programme to date.

Most initial user group meetings have been held, so that those teams who will be in the building can agree the finer detail of the interior spaces and rooms. Once agreement is reached, the design team works up all the details of how the space will be used, so that the contractor can order any necessary materials in good time.

## What is Next?

- Brick and block laying to commence on site
- Trenching for the water connection will be carried out
- Drainage below the ground floor slab will be set in place
- Commencement of the preparations for the ground floor slab.



## Focus on Local Services: Moor to Sea Intermediate Care & Community Therapy Teams

### What is Intermediate Care and Community Therapy?

**Intermediate Care** is care provided by a team of different professionals who work together to support people when they are acutely unwell or in a period of crisis. They help prevent people being admitted to hospital and support those who have recently been discharged from hospital. Referral for this service is usually via a GP, hospital doctors or nurses, social care staff or other health professionals.

**Community Therapy** team steps in to offer ongoing rehabilitation for people either in their own home or in the rehabilitation gym at Totnes. They also carry out manual handling assessments and can provide specialist equipment to help people continue to live safely at home. Usually, people are referred either for physiotherapy or occupational therapy, and some sessions are run in groups.

### What do we do?

- Listen to people and complete assessments
- Agree what is important to people
- Make a plan to meet the person's needs
- Work with the individual and family to carry out a rehabilitation programme
- Refer on to voluntary services
- Communicate with your GP, as appropriate
- Arrange social care support, if required.

### Hours of Service for Intermediate Care:

08:00-18:00 (Monday to Friday)

09:00 – 17:00 (Saturday and Sunday)

### Who is on our team?

- Nurses
- Physiotherapists
- Occupational Therapists
- Social Care Staff
- Assistant Practitioners
- Support Staff
- Complex Care Co-ordinators



### What about minor injuries?

The Community Therapy and Intermediate Care team do not support minor injuries. For this, you would currently need to access the Minor Injury Units at Newton Abbot or Kingsbridge. Please note that our minor injury units across Devon are experiencing staffing difficulties in the current climate.

### What's new?

- UCR (Urgent Care Response). The Intermediate Care team are working to the standards set out in the NHS Long Term Plan and we are responding to urgent referrals within two hours.
- We have also set up a system for paramedics to contact our team directly so that we can support with referral and assessment. This service runs from 8am-8pm and includes support from the out-of-hour nurses outside the normal Intermediate Care service times.

### Restarting Services affected by COVID-19

The Community Therapy team is working on restarting our groups run from Totnes Hospital – Strength and Balance Groups and PD (Parkinson's Disease) Warrior Group.