

# This is my Hospital Passport

For people with Learning Disabilities coming into hospital

My name is:  
I like to be called:

If I have to go to hospital this book needs to go with me, it gives hospital staff important information about me.

It needs to hang on the end of my bed and a copy should be put in my notes.



This passport belongs to me. Please return it when I am discharged.

Nursing and medical staff please look at my passport before you do any interventions with me.



Things you must know about me

Things that are important to me

My likes and dislikes

## Mental Capacity Act 2005

If I am assessed as lacking the capacity to consent to my treatment the following people must be involved in best interest's decision making

Name	Relationship	Contact Details
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# Things you must know about me



Name:

Likes to be known as:



NHS number:

Date of Birth:



Address:

Tel No:



How I communicate – e.g. What language I speak / Equipment / Signs / Photos / Symbols I use:


Family contact person, carer or other support:

Relationship e.g. Mum, Dad, Home Manager, Support Worker:

Address:

Tel No:



My support needs and who gives me the most support:


My carer speaks:

Date completed

By

# Things you must know about me



Religion:

Religious/Spiritual needs:

Ethnicity:



GP:

Address:

Tel No:

Other services/professionals involved with me:


Allergies:


Medical Interventions – how to take my blood, give injections, BP etc.


Heart:

Breathing problems:


Risk of choking, Dysphagia (eating, drinking and swallowing):

Date completed

By

# Things you must know about me



**Current medication:**

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**My medical history and treatment plan:**

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**Operations and illnesses I have had:**

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**What to do if I am anxious worried or upset:**

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Date completed

By

# Things that are important to me



**How to communicate with me (such as speed of speaking, signing, pictures, photos, symbols)**

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**How I take medication: (whole tablets, crushed tablets, injections, syrup)**

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**How you know I am in pain: —**

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**Moving around: (Posture in bed, walking aids)**

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**Personal care: (Dressing, washing, brushing teeth,)**

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Date completed

By

# Things that are important to me



**Seeing/Hearing/ smelling: (Problems with sight, smell or hearing)**



**How I eat: (Food cut up, pureed, risk of choking, help with eating)**



**How I drink: (Drink small amounts, thickened fluids)**



**How I keep safe: (Bed rails, support with challenging behaviour)**



**How I use the toilet: (Continence aids, help to get to toilet)**



**Sleeping: (Sleep pattern/routine)**

Date completed

By

# Things that are important to me



My Sensory Reactions	Under sensitive	Average	Over sensitive
Light			
Noise			
Touch/Pain			
Smell			
Taste			
Spatial awareness			
Balance			

## Abilities

Average Poor

Balance		
Speed of responding		
Social Conversation		
Co-ordination		
Short term memory		
Time management		
Concentration		
Multi-tasking		
Sense of direction		
Sleep		
Others		

## Difficulties

Yes No

Busy/noisy places are stressful		
Being with others is tiring		
Bright / Flickering lights upset me		
Do not like eating in company		
I can't read body language		
I don't understand metaphors (Takes things literally)		
I am anxious with strangers		
I feel lonely at times		
I need time to plan what I am doing		
Changes of plan make me anxious		
I get confused by too much information		

Date Completed

By

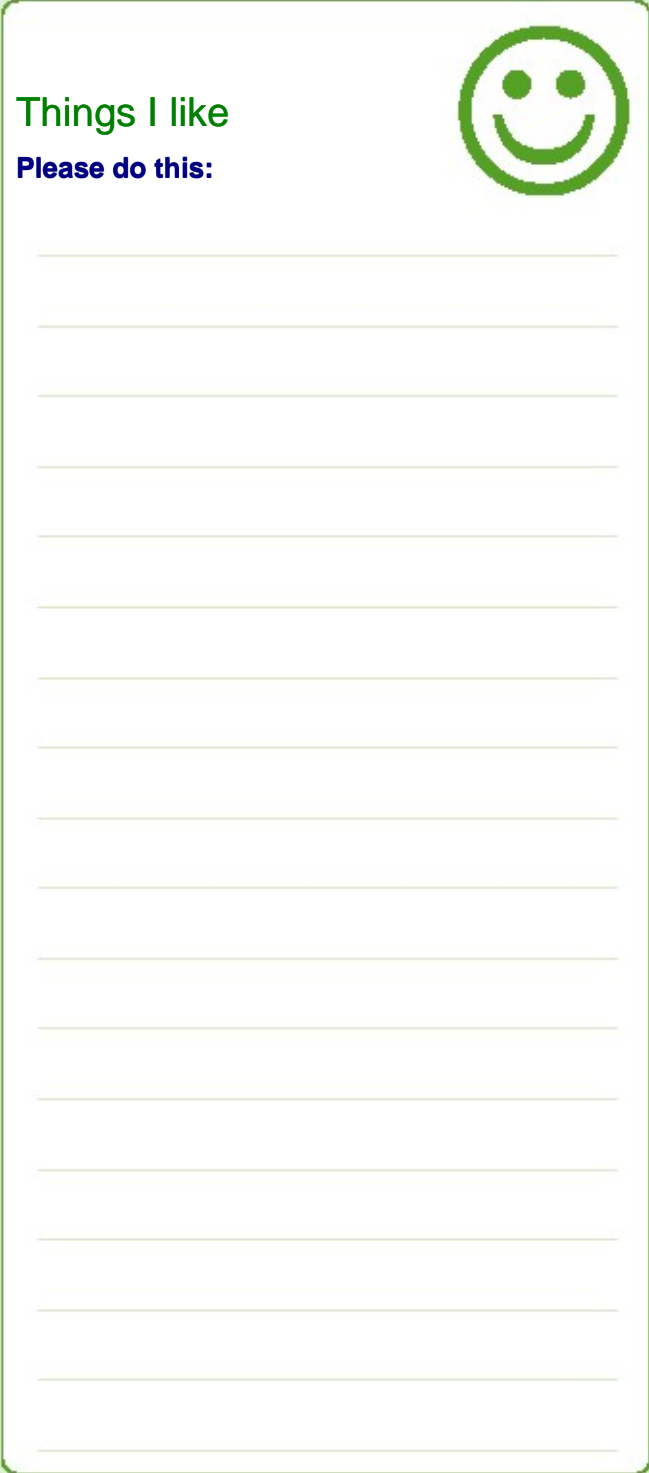
## My likes and dislikes

**Likes:** for example - what makes me happy, things I like to do (Watching TV, reading, music, routines).

**Dislikes:** for example - don't shout, food I don't like, physical touch, loud noises, bright lights.

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Date completed \_\_\_\_\_ By \_\_\_\_\_

Date completed \_\_\_\_\_ By \_\_\_\_\_





## **Notes:**

### **Annual Health Checks 14 Years +** – Understand your health improve your life

Everybody with an intellectual (Learning) Disability should see their GP **every year** for an annual health check

**Annual health checks should cover** - My Thoughts / Feelings & Mood ; Eyes ; Ears ; Mouth & Teeth ; Throat & Swallowing ; Blood Pressure ; Skin ; Sexual Health ; Bones & Joints ; Feet & Toes ; Stomach & Bowels ; Chest & Lungs

**What about checking** ..... Epilepsy ; Diabetes ; Blood Test ; Urine Test ; Pain Any other health problems

### **Useful websites** –Providing Health information made easy to understand

**[www.mencap.org.uk/gettingitright](http://www.mencap.org.uk/gettingitright)** Getting it right when treating people with a Learning Disability

**[www.bild.org.uk](http://www.bild.org.uk)** British Institute of Learning Disabilities help develop the organisations who provide services, and the people who give support

**[www.booksbeyondwords.co.uk](http://www.booksbeyondwords.co.uk)** stories in pictures to help people with learning and communication difficulties explore and understand their own experiences

**[www.easyhealth.org.uk](http://www.easyhealth.org.uk)** Accessible Health information

**[www.intellectualdisability.info](http://www.intellectualdisability.info)** Health information for Health professionals

# Teams that can help in the community

## **Community Children's Learning Disability Health Team (CLDT)**

Provide health support for children with learning disabilities and their families in the Community.

The team is made up of:  
Community Learning Disability Nurses  
Assistant Practitioner  
Specialist Support worker

### **To find out more you can contact them at;**

First floor,  
St Edmunds,  
Victoria Park road,  
Plainmoor,  
Torquay,  
TQ1 3QH

Tel: 01803 656570  
Email: [cldt.torbay@nhs.net](mailto:cldt.torbay@nhs.net)  
Facebook page: CLDTTorbay

**You may wish to discuss support via the team with your GP**

Please contact your local community Learning Disability Health Team  
if you have any questions about the passport

The Hospital Passport is based on original work by Gloucester Partnership NHS Trust, South West London Hospital Access to Acute Group, Barking Havering and Redbridge University Hospitals and University Hospital Bristol.

Redesigned by the Children's Learning Disability Health Team for Torbay and South Devon NHS  
NHS Foundation Trust