Torbay and South Devon NHS
NHS Foundation Trust

This is my

Hospital Passport

For people with Learning Disabilities coming into hospital

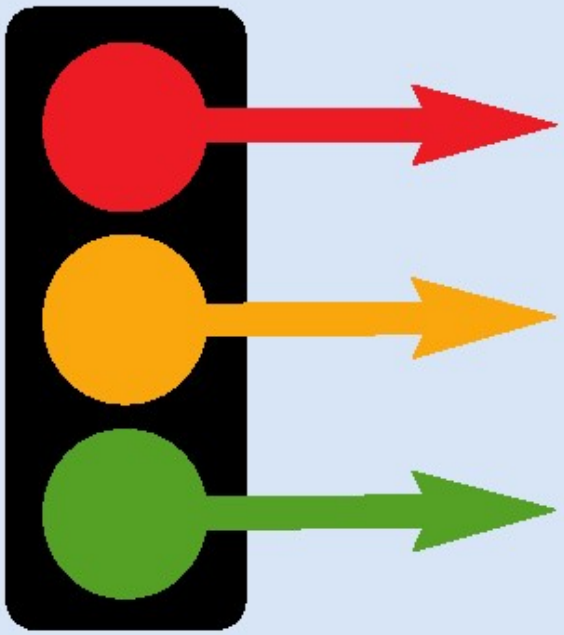
My name is:
I like to be called:

If I have to go to hospital this book needs to go with me, it gives hospital staff important Information about me.

It needs to hang on the end of my bed and a copy should be put in my notes.

This passport belongs to me. Please return it when I am discharged.

Nursing and medical staff please look at my passport before you do any interventions with me.



Things you must know about me

Things that are important to me

My likes and dislikes

Mental Capacity Act 2005

If I am assessed as lacking the capacity to consent to my treatment the following people must be involved in best interest's decision making

Name	Relationship	Contact Details
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Things you must know about me

Name:

Likes to be known as:

NHS number:

Date of Birth:

Address:

Tel No:

How I communicate – e.g. What language I speak / Equipment / Signs / Photos / Symbols I use:

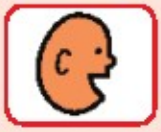
Family contact person, carer or other support:

Relationship e.g. Mum, Dad, Home Manager, Support Worker:

Address:

Tel No:

My support needs and who gives me the most support:



My carer speaks:

Date completed _____ By _____

Things you must know about me

Religion:

Religious/Spiritual needs:

Ethnicity:

GP:

Address:

Tel No:

Other services/professionals involved with me:

Allergies:

Medical Interventions – how to take my blood, give injections, BP etc.

Heart:

Breathing problems:

Risk of choking, Dysphagia (eating, drinking and swallowing):

Date completed

By

Things you must know about me

Current medication:

My medical history and treatment plan:

Operations and illnesses I have had:

What to do if I am anxious worried or upset:

Date completed _____ By _____

Things that are important to me

How to communicate with me (such as speed of speaking, signing, pictures, photos, symbols)

How I take medication: (whole tablets, crushed tablets, injections, syrup)

How you know I am in pain: –

Moving around: (Posture in bed, walking aids)

Personal care: (Dressing, washing, brushing teeth,)

Date completed _____ By _____

Things that are important to me

Seeing/Hearing/ smelling: (Problems with sight, smell or hearing)

How I eat: (Food cut up, pureed, risk of choking, help with eating)

How I drink: (Drink small amounts, thickened fluids)

How I keep safe: (Bed rails, support with challenging behaviour)

How I use the toilet: (Continence aids, help to get to toilet)

Sleeping: (Sleep pattern/routine)

Date completed _____ By _____

Things that are important to me

My Sensory Reactions	Under sensitive	Average	Over sensitive
Light			
Noise			
Touch/Pain			
Smell			
Taste			
Spatial awareness			
Balance			

Abilities

	Average	Poor
Balance		
Speed of responding		
Social Conversation		
Co-ordination		
Short term memory		
Time management		
Concentration		
Multi-tasking		
Sense of direction		
Sleep		
Others		

Difficulties

	Yes	No
Busy/noisy places are stressful		
Being with others is tiring		
Bright / Flickering lights upset me		
Do not like eating in company		
I can't read body language		
I don't understand metaphors (Takes things literally)		
I am anxious with strangers		
I feel lonely at times		
I need time to plan what I am doing		
Changes of plan make me anxious		
I get confused by too much information		

Date Completed By

My likes and dislikes

Likes: for example - what makes me happy, things I like to do (Watching TV, reading, music, routines).

Dislikes: for example - don't shout, food I don't like, physical touch, loud noises, bright lights.

Things I like

Please do this:

Things I don't like

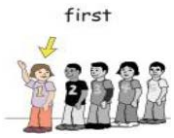
Don't do this:

Date completed _____ By _____

REASONABLE ADJUSTMENTS

A ‘reasonable adjustment’ is a change that has been made to a service so that people with disabilities can use them like anyone else

Examples include minimal waiting times, first on the outpatients clinic or theatre list and communications needs. The hospital tries to consider all requests but they should be based on needs, not wants.



Parent/Carers

Our vision is:

- That we listen to and communicate with carers, families and friends.
- That we support carers and patients to maintain their wellbeing and be treated with the dignity they deserve.
- That carers, families and friends are valued and recognised as equal partners in individual care

If you need any support your meet your needs as a carer then please use this space to tell us.

Who else is involved with me?

Please give details of everyone who is involved with you from education, health and social services

Name/Organisation	Job Title/Role	Contact Details

Notes:

Annual Health Checks 14 Years + – Understand your health improve your life

Everybody with an intellectual (Learning) Disability should see their GP **every year** for an annual health check

Annual health checks should cover - My Thoughts / Feelings & Mood ; Eyes ; Ears ; Mouth & Teeth ;Throat & Swallowing ; Blood Pressure ; Skin ; Sexual Health ; Bones & Joints ; Feet & Toes ; Stomach & Bowels ; Chest & Lungs

What about checking …… Epilepsy ; Diabetes ; Blood Test ; Urine Test ; Pain Any other health problems

Useful websites –Providing Health information made easy to understand

www.mencap.org.uk/gettingitright Getting it right when treating people with a Learning Disability

www.bild.org.uk British Institute of Learning Disabilities help develop the organisations who provide services, and the people who give support

www.booksbeyondwords.co.uk stories in pictures to help people with learning and communication difficulties explore and understand their own experiences

www.easyhealth.org.uk Accessible Health information

www.intellectualdisability.info Health information for Health professionals

Teams that can help in the community

Community Children's Learning Disability Health Team(CLDT)

Provide health support for children with learning disabilities and their families in the Community.

The team is made up of:
Community Learning Disability Nurses
Assistant Practitioner
Specialist Support worker

To find out more you can contact them at;

First floor,
St Edmunds,
Victoria Park road,
Plainmoor,
Torquay,
TQ1 3QH

Tel: 01803 656570
Email: cldt.torbay@nhs.net
Facebook page: CLDTTorbay

You may wish to discuss support via the team with your GP

Please contact your local community Learning Disability Health Team if you have any questions about the passport

The Hospital Passport is based on original work by Gloucester Partnership NHS Trust, South West London Hospital Access to Acute Group, Barking Havering and Redbridge University Hospitals and University Hospital Bristol.

Redesigned by the Children's Learning Disability Health Team for Torbay and South Devon NHS
NHS Foundation Trust