Torbay and South Devon
NHS Foundation Trust

Day Activities Torbay (P36)



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Important: Please ensure that you are using the latest version of this information sheet. To check this, go to our information sheets page on the Trust website at www.torbayandsouthdevon.nhs.uk/disinfosheets or call the Disability Information Service on 0300 456 8373

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About this information sheet

This is one of a series of regularly updated local information sheets that aim to meet the most common information needs of people with disabilities and carers in Torbay.
Where possible, we try to keep our information up to date. However, we cannot guarantee that all of our information is constantly up to date - details change often and there may be changes to services of which we are not aware. If you know of a change to any of the services listed please advise us of this so that we can amend the details.

The information should be used as a guide only, as it may not cover all the organisations that can help with your needs. Torbay Disability Information Service (part of Torbay and South Devon NHS Foundation Trust) cannot guarantee the accuracy of the information or the quality of service provided by the organisations. No liability can be accepted for loss, damage, or injury arising out of any contract made by a private individual with any of the organisations listed.

Details change often, so please make sure you are using the current edition. Latest copies of the sheets are published on the following website :
www.torbayandsouthdevon.nhs.uk/disinfosheets

If you do not have Internet access, you can ask for single copies from our office.
A full list of our other information sheet titles can be found at the end of this sheet.

Information can be made available in other formats and languages. Please let us know what your needs are.

Torbay Disability Information Service, 4th Floor, Union House, Union Street, Torquay TQ1 3YA
Telephone: 0300 456 8373 Email: tsdft.dis.torbay@nhs.net

Introduction

This information sheet provides information about private day care services provided by care homes and day centres in Torbay. Where prices are shown these are for privately funded day care, but help with funding may be available, based on a means test, if you are eligible for social care support or your carer has 'enhanced' eligibility for a break. Torbay Adult Social Care is on (01803) 219700.

Please note that only services that provide **care** are included in this sheet. For details of services that offer leisure opportunities but no care, eg. lunch clubs and leisure centres, see our 'Leisure' information sheet (P28).

About the Listings

There are two charts at the beginning of this information sheet: one showing the various care services provided by each of the day care providers, and the other listing leisure services. These charts are followed by records of services, giving contact details and further information, such as times and whether transport is provided.

If you or someone you care for is thinking about using a day care service, it is important to go along to try out the service first before making any commitment to attend regular sessions. Please note that most of the providers listed in this sheet allow clients to try out a session first, and most of them offer short stays or respite as well as day care.

For further information about care homes in Torbay see our information sheets, C01 to C08 or refer to the Care Quality Commission (CQC) at www.cqc.org.uk, telephone 03000 616161. For inspection reports, visit www.cqc.org.uk or contact CQC.

Further Support

For information and advice about further support, please contact Torbay Adult Social Care Services on (01803) 219700 to discuss your concerns. If you live outside Torbay contact Care Direct on 0345 155 1007.

The Care Act 2014

Please be aware that the rules about getting and paying for social care started to change with the introduction of the Care Act in April 2015. To find out more about the Care Act and how it may affect you, please refer to the following s on our Trust's website: www.torbayandsouthdevon.nhs.uk/services/adult-social-care - these include a link to Independent Age's information about getting help with your care needs. You can also call us on 0300 456 8373 to request further information.

Day Care – Care, Support and Leisure Services

Brixham

Bascombe Court
Bascombe Road, Churston Ferrers, Brixham, TQ5 0JS
Telephone: (01803) 842360
Website: www.devoncaregroup.co.uk
Email: enquiries@devoncaregroup.co.uk

Care Support Services: Bath, Shower, Wheelchair Access, Help from Staff, Hoist, Chiropody, Hairdresser, Optician and Meals. Religious visits may be arranged.
Leisure Services: Activities (Arts and crafts, games, music, Thai chi, nutrient and fitness etc), Entertainment (singing, instruments), Exercise (G Fitness), Various social events arranged and trips available.

Client Groups: Older people.
Transport to and from service: No
Parking on site: Yes
Wheelchair Access: Building and toilets are wheelchair accessible.
Assistance from Staff available: Yes
Clients' pets allowed: Yes
Times: Monday to Sunday, 9.00 am – 5.00 pm
Please contact care provider for further information and prices

Friends Centre
Brixham Community Hospital Site
Greenswood Road, Brixham TQ5 9HW
Telephone: (01803) 224970

Care Support Services: Meals.
Leisure Services: Various activities are available, as well as entertainments. Trips can be arranged (a donation on requested)
Client Groups: Older people
Times: Monday to Friday, 10.00 am - 4.00 pm.
Transport to and from service: Wheelchair accessible transport available. Cost included in day care charge.
Parking on site: Yes, (chargeable)
Wheelchair Access: Building and toilets are wheelchair accessible.
Assistance from Staff available: Yes
Clients' pets allowed: No
Please contact care provider for further information and prices

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Three Corners Nursing Home
3 Greenway Road, Churston Ferrers, Brixham TQ5 0LW
Telephone: (01803) 842349
Website: www.threecornersch.co.uk
Email: manager@threecornersch.co.uk

Client Groups: Older people, physical disabilities, sensory impairments
Offers day care with transport.
Contact Three Corners for further information.

Please contact care provider for further information and prices

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Paignton

Burrow Down
Preston Down Road, Paignton TQ3 1RN
Telephone: (01803) 527463 or (01803) 526 710
Website: www.burrowdown.co.uk
Email: work@burrowdown.co.uk

Client Groups: Learning Disabilities, Physical Disabilities, Autism.

Provided Services: Cooking and baking, arts and crafts, mini enterprise groups. Animal husbandry.
Please contact care provider for further information and prices

Grange-Lea
38 Preston Down Road, Preston, Paignton TQ3 2RL
Telephone: (01803) 522342
Website: www.grange-lea.co.uk Email: info@grange-lea.co.uk
Care Support Services: Bath, Shower, Wheelchair Access, Help from Staff, Bathing Aids, Hoist, Chiropody, Dentist, GP, Hairdresser, Manicure, Optician, Laundry and Meals. Visiting advice and welfare services. Priest holds services.
Leisure Services: Activities (Bingo, quiz, cookery, etc), Group reminiscence therapy, Daily variety of entertainment at no extra cost, Daily exercise, Coffee mornings, Trips to Cockington, Brixham and Slapton.

Client Groups: Older people.
Times: 9.00 am – 6.00 pm.
Transport to and from service: Not available.
Parking on site: Yes
Wheelchair Access: Building and toilets are wheelchair accessible.
Assistance from Staff available: Yes
Clients' pets allowed: Yes, after discussion.
Please contact care provider for further information and prices

Harbour Rise
2 Alta Vista Road, Paignton TQ4 6BZ
Telephone: (01803) 551834
Website: www.harbourrise.co.uk
Email: enquiries@harbourrise.co.uk

Care Support Services: Bath, Shower, Wheelchair Access, Help from Staff, Hoist, Chiropody, Dentist, GP, Hairdresser, Optician, Laundry (Small items request) and Meals (to be discussed and agreed with care provider). Visits by advice & welfare services, & religious visits, etc. can be arranged.
Leisure Services: Activities (Discussion, games, crafts, bingo and quizzes), I reader and iPads available , Daily variety of entertainment (outside entertainers; harpist, saxophone), Gentle exercise, Parties and festivals, Bus trips included in the activities programme.

Client Groups: Older people.
Times: Monday to Saturday, 10.00 am – 4.00 pm.
Transport to and from service: Wheelchair accessible transport available. Cost included in charge for day care. PGN only
Parking on site: Yes, limited.
Wheelchair Access: Building and toilets are wheelchair accessible.
Assistance from Staff available: Yes
Clients' pets allowed: Yes, risk assessment.
Please contact care provider for further information and prices

Oldway Heights
40 Headland Park Road, Paignton, TQ3 2EL
Telephone: (01803) 527088

Care Support Services: Bath, Shower, Wheelchair Access, Help from Staff, Hoist, Chiropody, GP, Hairdresser, Optician, Laundry and Meals.
Leisure Services: Activities (Arts and crafts, bingo, X-box, Wii, games), Reminiscence therapy, Entertainment (BBQs, singers, pantomime), Trips (Shopping, theatre, bowling, cinema, pubs and coffee shops.)

Client Groups: Physical Disabilities, Mental Health
Times: Monday to Friday 10.00 am – 4.00 pm
Transport to and from service: Wheelchair-accessible transport available for transport within Torbay.
Parking on site: Yes
Wheelchair Access: Building and toilets are wheelchair accessible.
Assistance from Staff available: Yes
Clients' pets allowed: No.
Please contact care provider for further information and prices

Pendennis
64 Dartmouth Road, Paignton, TQ4 5AW
Telephone: (01803) 551351
Website: www.pendenniscarehome.co.uk
Email: pendennis64@gmail.com

Care Support Services: Bath, Shower, Wheelchair Access, Help from Staff, Bathing Aids, Hoist, Chiropody, Hairdresser, Optician and Meals.
Leisure Services: Outdoor activities, arts and crafts, games, Reminiscence therapy, Regular entertainment, Exercise, Regular informal get togethers, Occasional trips (Additional charge).

Client Groups: Older people, people with physical disabilities and people with dementia.
Times: Monday to Sunday, 9.00 am – 5.00 pm
Transport to and from service: No
Parking on site: Yes
Wheelchair Access: Building and toilets are wheelchair accessible.
Assistance from staff available: Yes.
Clients' pets allowed: No.
Please contact care provider for further information and prices

Tudor Court
18-20 Midvale Road, Paignton, TQ4 5BD
Telephone: (01803) 558374
Website: www.tudorcourt.org.uk

Provided Services: Meals and activities (arts and crafts)
Client Groups: Older people
Please contact care provider for further information and prices

Torquay

Carl Court
Guestland Road, Cary Park, Babbacombe, Torquay, TQ1 3NN
Telephone: (01803) 329203
Email: care.vl7ry@nhs.net
Client groups: Older people, dementia and mental health.
Please contact care provider for further information and prices

Co-ordin8
Palace Avenue Methodist Church, Palace Avenue
Telephone: 01803 327869
Website: http://coordin8.org/

Client Groups: Learning Disabilities.
Please contact care provider for further information and prices

Didsbury Court Day Care - Ark Care Homes
17-19 Park Road, St. Marychurch, Torquay TQ1 4QR
Telephone: (01803) 329735
Email: via website.
Website: www.arknursing.co.uk/didsbury-court

Care Support Services: Bath, Shower, Wheelchair Access, Help from Staff, Bathing Aids, Hoist, Chiropody, Dentist, GP, Hairdresser, Manicure, Optician, Laundry and Meals. Visits by advice & welfare services, & religious visits, etc. can be arranged.
Leisure Services: Activities (games, music etc), Reminiscence therapy, Computers available, Daily variety of entertainment, Exercise routines, Social events (Monthly themed days and BBQs), Occasional trips (admission charges apply).

Client Groups: Older people.
Times: Every day, 8.00 am – 8.00 pm.
Transport to and from service: Yes. Wheelchair accessible transport can be arranged if required.
Parking on site: Yes
Wheelchair Access: Building and toilets are wheelchair accessible.
Assistance from Staff available: Yes
Clients' pets allowed: Yes
Please contact care provider for further information and prices

Four Seasons c/o Lupton Hosue
Brixham Road, Churston Ferrers, Devon, UK TQ5 0LD
Telephone: 01803 845800

Client Group: Learning Disabilities.
Please contact care provider for further information and prices

Greycliffe Manor
Lower Warberry Rd, Wellswood, Torquay TQ1 1QY
Telephone: (01803) 292106
Email: info@greycliffemanor.co.uk
Website: www.greycliffemanor.co.uk

Care Support Services: Hairdresser and Meals.
Leisure Services: Activities.

Client Groups: Older people, dementia, physical disabilities.
Please contact care provider for further information and prices

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Hadleigh Court
Stanley Road, Cary Park, Babbacombe, Torquay, TQ1 3JZ
Telephone: (01803) 327694
Website: http://www.babbacombecare.co.uk/about.html

Care Support Services: Bath, Shower, Wheelchair Access, Help from Staff, Bathing Aids, Hoist, Chiropody, Dentist, GP, Hairdresser, Manicure, Optician, Laundry and Meals.
Leisure Services: Activities every morning and afternoon, Reminiscence therapy, Entertainment every Wednesday afternoon, Social events every day, Trips in the afternoons

Client Groups: Older people, people with dementia.
Times: Daily, 9.00 am – 5.00 pm.
Transport to and from service: Wheelchair-accessible transport available, included in cost of day care.
Parking on site: Yes.
Wheelchair Access: Building and toilets are wheelchair accessible.
Assistance from Staff available: Yes.
Clients' pets allowed: No.
Please contact care provider for further information and prices

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SBSC Ltd. Summon Bonum
56A St Marychurch Road, Torquay TQ1 3JE
Telephone: (01803) 293512
Email: summonbonum@hotmail.com

Transport to and from service: Yes.
Client Groups: Learning disabilities, adults under and over 65, dementia, mental health, physical disabilities.
Please contact care provider for further information and prices

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Turning Heads CIC
38 Windsor Road, Torquay TQ11SZ
Telephone: 07817777739
Website: https://www.turningheads.org.uk/

Client Group: Learning Disabilities.
Please contact care provider for further information and prices

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Woodrow Retirement Home Ltd. Day Care
Asheldon Road Wellswood Torquay Devon TQ1 2QN
Telephone: 01803 213026

Client groups: Adults over 65.
Please contact care provider for further information and prices

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Atlas (The Ness Care Group/Centre Teignmouth)
The Ness Centre, Salisbury Terracec, Teighnmouth,, TQ14 8JA
Telephone: 01626 774799
Website: https://nesscaregroup.co.uk/

Client Groups: Dementia, Older People and Mental health.
Please contact care provider for further information and prices

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The Filo Project CIC (covering all parts of Torbay)
Telephone: 0333 939 8225 or (01392) 982138
Email: info@thefiloproject.co.uk
Website: www.thefiloproject.co.uk

The Filo Project provides small group day care in hosts' own homes for older people who are socially isolated, most of whom are experiencing symptoms associated with mild to moderate dementia and other challenges of older age. Transport is provided, lunch, activities and conversation. Sessions are largely dictated by the preferences of group members. All hosts are carefully selected and receive ongoing training and supervision. They are subject to an enhanced DBS clearance as well as being trained in Emergency First Aid, Dementia, Moving and Handling and Food Safety.

NB. Help with funding may be available, based on a means test, if you are eligible for social care support or your carer has 'enhanced' eligibility for a break. Torbay Adult Social Care is on (01803) 219700.

Other Titles in this Series

Most sheets have many pages, and details change often. If you would like copies, please request no more than 5 titles at a time (further details on p.4).

For Disability Support Series	
Bathing and Showering	P02
Day Activities Torbay	P36
Domiciliary Care Agencies	P05
Equipment Centres	P07
Equipment Hire and Loan Services (including wheelchair hire)	P08
Finding Funding for Extra Needs	P12
Home Maintenance Services and Building Adaptations	P10
Home Visiting Services	P23
Housework, Domestic Help and Laundry Services	P11
Housing Options for Older People	P25
Keeping Safe and Warm at Home	P13
Leisure and Day Opportunities	P28
Meal Delivery Services	P14
Shop Delivery Services	P16
Telecare (includes community alarm systems)	P04
Transport Services	P20
Care Home Series	
Care Homes: Assisted Living Torbay	C03
Care Homes: Nursing, Torbay	C02
Care Homes: Residential Torbay	C01

If you have any concerns or require further support with topics that are not mentioned above and are not sure where to go or who to contact, please contact Disability Information Service and we will try out best to help you.

Further Information and Advice

Torbay Disability Information Service has been providing comprehensive information and advice to people in Torbay for over 25 years, and we are a founder member of the Torbay Advice Network (TAN). Our service is open to any resident of Torbay affected by any type of disability. We also provide information to anyone working or caring for people with disabilities.

No referral is necessary. Simply call us on **0300 456 8373** or email us at **tsdft.dis.torbay@nhs.net**

We offer:

- An enquiry desk service covering a wide range of topics related to disability support and independent living.
- Advice and guidance on disability-related social security issues, including benefit checks.
- Over 19 web-based information sheets covering the questions that we get asked most frequently.

Opening hours: Monday to Friday, 9.00am to 4.00pm

Signposts for Carers

Signposts for Carers is Torbay's dedicated telephone support service providing specialist information and advice to unpaid carers in Torbay. Contact *Signposts* in confidence to find out about services, equipment, benefits and rights. Support is available on a short or long-term basis.

☎ **(01803) 666620** 🖮 **signposts@nhs.net**

Feedback Sheet

Was this information sheet useful?

We are keen to ensure that this information sheet is relevant to your needs and clear. We would be grateful if you would take a moment to answer the questions below and send your response to us either by email at tsdft.dis.torbay@nhs.net or by post.

Our address is:
Torbay Disability Information Service
4th Floor, Union House
Union Street
Torquay TQ1 3YA

Q: Where did you get this information sheet from?
Q: How old are you?
Q: Was the information easy to read and helpful? (Please tick one box only) ☐ **Very Easy** ☐ **Fairly Easy** ☐ **Undecided** ☐ **Fairly Difficult** ☐ **Very Difficult**

Q: How might we improve it?
Q: What local disability related support do you struggle to find out about?

Note: Please contact us on 0300 456 8373 if you need help or have questions about the contents of this information sheet.

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This document can be available in other languages and formats.
For more information telephone 0300 456 8373