Home Visiting Services (P23)

Torbay Disability Information Service
Torbay and South Devon NHS Foundation Trust
4th Floor, Union House
Union Street
Torquay
TQ1 3YA

Tel: 0300 456 8373
Email: dis.torbay@nhs.net
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**Important:**

Please ensure that you are using the latest version of this information sheet. To check this, go to our information sheets page on the Trust website at [www.torbayandsouthdevon.nhs.uk/disinfosheets](http://www.torbayandsouthdevon.nhs.uk/disinfosheets) or call the Disability Information Service on 0300 456 8373.
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About this information sheet

This is one of a series of regularly updated local information sheets that aim to meet the most common information needs of people with disabilities and carers in Torbay.

Where possible, we try to keep our information up to date. However, we cannot guarantee that all of our information is constantly up to date - details change often and there may be changes to services of which we are not aware. If you know of a change to any of the services listed please advise us of this so that we can amend the details.

The information should be used as a guide only, as it may not cover all the organisations that can help with your needs. Torbay Disability Information Service (part of Torbay and South Devon NHS Foundation Trust) cannot guarantee the accuracy of the information or the quality of service provided by the organisations. No liability can be accepted for loss, damage, or injury arising out of any contract made by a private individual with any of the organisations listed.

Details change often, so please make sure you are using the current edition. Latest copies of the sheets are published on the following website:

Torbay and South Devon NHS Foundation Trust:  
www.torbayandsouthdevon.nhs.uk/disinfoheets

If you do not have Internet access, you can ask for single copies from our office.

A full list of our other information sheet titles can be found at the end of this sheet.

Information can be made available in other formats and languages. Please let us know what your needs are.

Torbay Disability Information Service  
4th Floor, Union House  
Union Street  
Torquay  TQ1 3YA  

Telephone: 0300 456 8373  
Email: dis.torbay@nhs.net
Introduction

This information sheet gives details of commercial home visiting services in Torbay, such as mobile hairdressers and home visiting chiropodists. It does not include domestic and domiciliary agencies as these are covered in our information sheets, ‘Domiciliary Care Agencies’ (P05), ‘Sitting Services’ (P18) and ‘Housework, Domestic Help and Laundry Services’ (P11). For home maintenance services, please see information sheet P10. Local meal delivery services are listed in our information sheet P14 and shop delivery services in P16.

We publish details that we have been given by organisations about their services, including relevant qualifications, but it is always advisable to double-check these and also to check whether individuals providing home visiting services have received a Disclosure and Barring Service (previously Criminal Records Bureau) check.

Further Support

For information and advice about further support, please contact Torbay Adult Social Care Services on (01803) 219700 to discuss your concerns. If you live outside Torbay contact Care Direct on 0345 155 1007.

The Care Act 2014

Please be aware that the rules about getting and paying for social care started to change with the introduction of the Care Act in April 2015. To find out more about the Care Act and how it may affect you, please refer to the following pages on our Trust’s website: www.torbayandsouthdevon.nhs.uk/services/adult-social-care - these include a link to Independent Age’s information about getting help with your care needs. You can also call us on 0300 456 8373 to request further information.
Chiropodists and Foot Health Practitioners

All the chiropodists and foot health practitioners listed in this section charge a fee for their services.

Please contact services direct to find out more about what they do and ask for a quote. It is advisable to contact at least three services before choosing the one that you consider best meets your needs and budget. Once you have chosen a service, contact them direct to make an appointment.

What is the difference between a chiropodist/podiatrist and foot health practitioner?

- Chiropodists/podiatrists are professionals registered with the Health and Care Professions Council (HCPC) who are trained to treat and give advice on all foot and lower limb problems.
- If you are using the services of a private foot care practitioner it is important to check that they are registered by the Health and Care Professions Council (HCPC) as anyone can set up in private practice without any training or with training that is not recognised by the HCPC. Check registration online at [www.hcpc-uk.org/check/](http://www.hcpc-uk.org/check/) or call the HCPC’s Registration Department on 0300 500 4472. To raise a concern about a HCPC registered professional, call the HCPC’s Fitness to Practise Department on 0800 328 4218 (freephone) or 020 7840 9814.
- Foot health practitioners are not registered by the HCPC so may not be as fully trained or qualified as chiropodists or podiatrists.

We cannot guarantee that all the practitioners listed in this section are registered with the Health and Care Professions Council - please ensure that you check their qualifications before arranging a visit from them. It is also advisable to check the price and whether practitioners have been checked by the Disclosure and Barring Service (DBS - previously CRB) before arranging a home visit.

If you are at risk of foot ulceration, ask your GP for a referral to the NHS Podiatry Service - please note, though, that this Service only provides home visits on a very limited basis, via GP referral, in cases where patients are incapable of leaving their home - if you require this service, please contact your GP for a referral.
Home visiting chiropodists/podiatrists and foot health practitioners

NHS Fee Charging Podiatry Service

**The Devon Foot People**
Castle Circus Health Centre, Abbey Road, Torquay TQ5 2YH  
Telephone: (01803) 217712

**Contact Names:** Denise Walker, Jane Cawley  
**Details of Service:** This is the fee charging service of NHS Podiatry. You can access it if you don’t wish to go through the NHS referral system or do not fit the eligibility criteria for the NHS Podiatry Service. The service serves Torbay and South Devon, and all its podiatrists are HCPC registered. (Please note that you may be eligible for NHS Podiatry Service if you are considered to be at high risk – to apply for an assessment, people aged 18-60 require a referral from their GP or other medical professional, unless their feet are deemed to be at risk from health conditions, such as diabetes or poor circulation. Under 18s and over 60s can self-refer).

**Prices (updated 24/03/2021), including a surcharge of £10 for home visiting:**  
New patient assessment: £36. (waived if patient has already been assessed by the NHS Service within the last 12 months)  
Nail cutting only: £16.

NB. The service also offers an MSK (Musculoskeletal) service, which provides assessments, video gait analysis, foot pressure analysis, custom orthotics, insoles, bracing, footwear and adaptations, shockwave therapy, taping/strapping and ultrasound imaging. Please call the above number or email thedevonfootpeople.msk@nhs.net for details and prices.

Private Chiropodists and Foot Health Practitioners

**Chelston Chiropody**
32a Walnut Road, Chelston, Torquay TQ2 6HS  
Telephone: (01803) 690420  
Website: [www.chelstonchiropody.co.uk](http://www.chelstonchiropody.co.uk)

**Details of Service:** Chiropody practice, established for over 21 years. Specialises in providing a service for older people and people with disabilities. Offers home visits by appointment on Wednesdays and Thursdays. Chelston Chiropody state that all their chiropodists are HCPC registered. Serves Torbay.
Comfort Foot Care
Paignton
Telephone: (01803) 552139   Email: comfortfootcare@icloud.com

Contact Name: Rachel Sharples
Details of Service: Home visiting service offered by qualified foot health practitioner, providing help with general foot care, including nail cutting, corn and callus treatment and treatment of fungal infections. Service established for 10 years. Offers home visits Mondays to Friday during school hours (appointments between 9.15 am and 3.00 pm) - other times may also be possible by arrangement. Serves Paignton, Preston, Brixham and outlying areas, eg. Stoke Gabriel.

Crews, Sharon
Torquay
Telephone: 07815 206255

Details of Service: HCPC registered chiropodist and podiatrist. Service established for over 17 years. Offers total foot care, removal of corns, calluses, verrucae and ingrowing toenails. Gives advice on heel pain and fungal infections. Specialises in providing a service to older people and individuals with dementia and learning disabilities. Offers home visits Monday to Friday, including a late night on Thursday. Serves Torbay, Newton Abbot, Paignton, Ipplepen, Teignmouth and surrounding areas.

Foot Care at Home
Torquay
Telephone: (01803) 320017 or mobile: 07748 450402

Contact Name: Nina Maule
Details of Service: Home visiting service offered by foot health practitioner, providing help with general foot care, including toenail trims, corn removal, calluses, verrucae, ingrown toenails and general advice on the feet. Service established for over 15 years. Serves Torquay and Paignton areas.

The Foot Clinic
300b Torquay Road, Paignton
Telephone: (01803) 525533   Email: thefootclinicpaignton@hotmail.co.uk
Website: www.thefootclinicpaignton.co.uk

Details of Service: HCPC registered chiropodist and podiatrist. Practice established for over 5 years. Offers home visits by individual appointment.

Prices for home visits:
Routine chiropody/podiatry for existing patients (after initial appointment): £34.
Serves the whole of Torbay.
‘Nails Only’ Service
A short appointment for a routine nail cut and file of healthy nails, for patients that don't require any further chiropody/podiatry treatment. Cost: £15.00. Please note that this service is only at the Clinic.

Foot Health Clinic South West
Paignton
Telephone: (01803) 394392 or 07913 003529
Email: torbaymobilefootclinic@yahoo.com
Website: www.torbaymobilefootclinic.com

Contact Name: Elizabeth Halfhide
Details of Service: Home visiting service offered by qualified foot health practitioner, providing help with nail cutting, corns and callouses, fungal nails, thickened nails, ingrown toenails and Athlete’s foot. Also able to provide advice on reducing the risk of falls and environmental adaptations. Has two years’ experience as a foot health practitioner and 18 years’ experience as an occupational therapist. Offers home visits Monday to Friday 9.00 am – 3.00 pm and 5.00 pm – 9.00 pm. Cost: £25 per visit. New service: ‘Simply nails’ - this will be £20 per home visit. Serves Torbay and South West Devon.

The Foot Lady
Brixham
Telephone: (01803) 883987

Contact Name: Nicky Foulkes
Details of Service: HCPC registered chiropodist/podiatrist. Home visiting service established for over 13 years. Able to provide low cost (£15) ‘Nails Only’ Service if required, following an initial full assessment. Currently (in March 2021) charges £25 for initial treatment and assessment. Serves mainly Brixham and nearby areas, including Galmpton, Goodrington, Broadsands, Hookhills and Kingswear.

Footbridge Chiropody
14 Briwere Road, Torquay TQ1 4DU
Telephone: (01803) 323605 or 07966 491023

Contact Name: Carla Davey Bsc (Hons) M.Inst Ch.P
Details of Service: HCPC registered chiropodist/podiatrist. Practice established for over 10 years. Offers on-site surgery and home visits by individual appointment. Serves Paignton and Torquay.
Hamilton, Andrea
Ogwell
Telephone: (01626) 356203

Details of Service: Home visiting and home clinic service provided by HCPC registered chiropodist. Service established for over 35 years.

Ivybridge Podiatry (formerly Abbey Road Podiatry)
Inside Nature’s Larder Health Store, 10 Glanvilles Mill, Ivybridge PL21 9PS
Telephone (for Torquay clients): (01803) 212070
Email: feet@ivybridgepodiatry.com Website: www.ivybridgepodiatry.com

Details of Service: Chiropody and podiatry practice, established in 1981. Provides home visits in the Torquay area (as well as Ivybridge).

Sellars, Mrs Charlotte
Paignton
Telephone: (01803) 842746 Mobile: 07887 887257

Details of Service: Home visiting service by HCPC registered chiropodist. Service established for 20 years. Serves mainly Brixham and Paignton areas. Can offer appointments at times to suit client, including evenings & weekends.

St Marychurch Foot Clinic
9 Babbacombe Road, St Marychurch, Torquay TQ1 3SB
Telephone: (01803) 329369 Email: stmarychurchfootclinic@gmail.com
Website: www.stmarychurchfootclinic.co.uk

Details of Service: Fully insured & HCPC registered chiropodists/podiatrists, providing a complete foot health service. Service established for 10 years. Offers home visits in Torquay, usually on Tuesdays, Wednesdays and Fridays, although other times may be available if possible. The charge for single home visits is £37 (couples and care homes discounts are available). Also offer a low cost ‘nails only’ clinic service at £20, following an initial foot assessment, charged at £35 clinical visit. Clinic opening times: 8.00 am - 5.30 pm.

T.L Foot Care
Paignton
Telephone: (01803) 554733 or mobile: 07462 272723
Email: tinafootcare@icloud.com

Home visiting service by foot health practitioner. Provides help with general foot care, including toenail trims, treating fungal toenails, corn removal, calluses, verrucae, ingrown toenails and cracked heels. Offers home visits from Monday to Friday. Serves the whole of Torbay.
Apart from the Special Care Dental Service (which provides NHS dental treatment only), dentists listed in this section may offer treatment for NHS or private patients - contact them direct for further information about their service and charges and to book an appointment if the service is able to meet your needs.

To find out which dental practices in Torbay and Devon are currently accepting new NHS patients contact the NHS Devon Dental Helpline on 0333 006 3300. You can also email the Helpline on: devondentalhelpline@nhs.net

Dentists should be registered with the General Dental Council. You can check registration online at www.gdc-uk.org or call 020 7167 6000.

Community Dental Services

South Devon Special Care Dental Service
Castle Circus Health Centre, Abbey Road, Torquay TQ2 5YH
Telephone: (01803) 217777 Email: sdc-dental.t-sd@nhs.net

Details of Service: Provides NHS dental treatment for people with special needs, including those with physical or mental impairments. People are generally referred from other services. Referrals need to be completed/sent by a professional. NHS treatment may include domiciliary care (home visits) if needed.

Other Dental Services offering home visits

At Home Dental Ltd. (Justin Marney)
24 Bridgetown, Totnes TQ9 5AD
Telephone: 07960 908586

Details of Service: At Home Dental Ltd. covers Torbay with its NHS contract and some other areas of Devon on a private basis only.
All the hairdressers listed in this section are commercial and make a charge for their services.

Please contact services direct to find out more about what they do and ask about prices. It is advisable to contact at least three services before choosing the one that you consider best meets your needs and budget. Once you have chosen a service, contact them direct to make an appointment.

Hairdressers and manicurists do not need qualifications to practise. Before using one of these, it is advisable to check their experience and qualifications.

Please note that we have received only verbal information about the contacts listed: if you wish to make any further checks you will need to ask them for sight of their references and qualifications.

**Alexander, Clare**
Torquay
Telephone: 07527 798392

**Details of Service:** Hairdressing for men and women. Cutting/restyling, shampoos and sets, blow-dries, colouring, perming, highlighting/foiling. Haircuts/beard trims for gents. Qualified (City and Guilds) hairdresser and barber with over 30 years’ experience. Service offered in Brixham on Saturday, Dartmouth on Wednesdays and Paignton and Torquay on Thursdays. Serves Torbay and Dartmouth.

**Freelance Hair**
Paignton
Telephone: 07525 029897

**Details of Service:** Hairdressing for men and women. Offers haircuts and blow-dries, shampoos and sets, perming and tinting. NVQ 1, 2 and 3. Over 20 years’ experience. Generally able to offer appointments on Tuesdays, Thursdays, Saturdays and occasionally Mondays, 9.00 am – 5.00 pm. Serves Paignton, Torquay and Kingskerswell.
Hair @ Home Ltd.
Paignton
Telephone: 07828 106961

Details of Service: Hairdressing for ladies and men (as long as a female is present). A range of hairdressing services available, including dry cuts but no shampoos and sets. Blow-dries with tongs to finish off but no rollers. Clients must be able to have their hair shampooed over a bath or sink.

Julian, Jonathan
Torquay
Telephone: (01803) 296859

Details of Service: Hairdressing for ladies and men. Offers full range of hairdressing services, including blow-dries and colouring. Also able to offer men electric shaves. City and Guilds. Over 30 years’ experience. Serves Torquay/Torbay.

Ogbourne, Lisa
Paignton
Telephone: (01803) 844109 Mobile: 07745 482649

Details of Service: Hairdressing for men and women, including cutting, colouring, perming, blow drying and setting. Can also provide face shaves and beard trims. Fully qualified. 21 years’ experience. Serves the whole of Torbay.

Steph’s Hair at Home
Paignton
Telephone: (01803) 666334 Mobile: 07503 729287
Website: www.facebook.com/stephdrinkhair

Details of Service: Hairdressing for women, including cutting, colouring, perming, blow drying, shampoos and sets, highlights and restyling. Service generally available Monday to Friday 9.00 am – 5.00 pm. Qualifications: NVQ Hairdressing levels 1, 2 and 3, Customer Service level 3. 24 years’ experience. Serves Paignton and Torquay.
All the services listed in this section are commercial and make a charge for their services.

Please contact services to find out more about what they do and ask about prices. Once you have chosen a service, contact them direct to make an appointment.

**Jones, Carey**  
Paignton  
Telephone: (01803) 696262 (daytime) or Mobile: 07800 896947  
**Details of Service:** Beauty therapist with more than 25 years’ experience. Treatments include manicures, pedicures, waxing, electrolysis, facials and massage. Holds London Institute of Beauty Culture diploma and is registered with BABTAC Group Insurance. Provides home visits in Torbay.

**Phillips, Alison**  
Brixham  
Telephone: (01803) 850285 or Mobile: 07967 902012  
**Details of Service:** Home visiting health and beauty therapist offering a basic nail cutting service (£15) as well as traditional manicures and pedicures (£20 per treatment). ITEC (International Therapy Examination Council) qualified and BABTA insured. 30 years’ experience. NB. Does not treat any medical issues. Provides home visits in Brixham, Galmpton, Churston, Broadsands and Paignton. **No** call out charge.
All the opticians listed in this section are commercial and make a charge for their services. However, some people will be entitled to a free NHS eye examination and may also not have to pay for a home visit if they are unable to leave home – please see below for further details.

Please contact opticians direct to find out more about what they do and ask about their charges. It is advisable to contact at least three services before choosing the one that you consider best meets your needs and budget. Once you have chosen a service, contact them direct to make an appointment.

Ophthalmic opticians (also known as optometrists) test sight and prescribe and dispense spectacles and contact lenses. They are university trained to recognise disease and abnormality in the eye. Ophthalmic opticians are registered with, and regulated by, the General Optical Council. Check registration online at www.optical.org, call (020) 7580 3898 or email goc@optical.org.

If you are 60 years old or over you will qualify for a free NHS eye examination and will not have to pay for a home visit if you are unable to leave your home (although only some opticians provide a home visiting service). If you are under 60 you may still be entitled to a free eye test, but this depends on your circumstances. Ask the optometrist to explain exactly what you are entitled to when you arrange an appointment.

Knapman Hayes Ltd.
9a Ilsham Road, Torquay TQ1 2JG
Telephone: (01803) 294418
Website: www.knapmanhayes.co.uk Email: mail@knapmanhayes.co.uk

Details of Service: Operates on a home visit basis only, serving Torbay, Exeter and South Devon. Times: Monday to Friday, 9.00 am – 5.00 pm.

McShaw Visiting Opticians
123 High Street, Sidmouth EX10 8LB
Telephone: (01395) 578724 Email: info@mcshaw-optometrists.co.uk
Website: www.mcshaw-optometrists.co.uk

Details of Service: A high street practice offering a home visiting service covering the whole of the South West. Private and NHS. Visits are free of charge to those who are eligible and who are unable to leave home unaccompanied.
Outside Clinic
Old Town Court, 10-14 High Street, Old Town, Swindon, Wilts  SN1 3EP
Telephone: 0800 605040 (freephone number)
Website:  www.outsideclinic.co.uk    Email:  info@outsideclinic.com

Details of Service: National home visiting opticians and audiologists offering eye tests at home to those who cannot get to a high street provider unattended as well as an at home hearing service. The service has advised us that it has portable digital retinal cameras and includes this as part of the NHS test. Sight and/or hearing tests are free to patients who qualify – contact Outside Clinic for details.

Peters Optical Ltd.
3/5 Courtenay Street, Newton Abbot  TQ12 2QH
Telephone: (01626) 351589
or
35 Fore Street, Totnes  TQ9 5HN
Telephone: (01803) 862380

Details of Service: Able to refer to Dr Luis Garcia Suarez, mobile optician, Devon & Cornwall. Dr Luis Garcia Suarez has over 17 years’ experience. The home visiting optician serves Torbay, Newton Abbot and other areas within a reasonable commuting distance of Torbay.

Spex Opticians
NB. The information below has not yet been updated - we are awaiting verification of these details and will update them as soon as possible.
Unit 2, The Willows Village Centre, Condor Drive, Torquay   TQ2 7TG
Telephone: (01803) 614067    Email:  torquay@spexopticians.com

Details of Service: Offers home visits free of charge to those who cannot visit an optician unaccompanied. Sight tests are free to those who qualify. For customers who are able to visit the opticians, there is parking immediately outside the shop and disabled access. Serves Torbay, South Hams and Teignbridge areas.

Visioncall
Telephone: (01275) 393507 (Local Team, covering South West areas, including Torbay)
Website:  www.vision-call.co.uk    Email:  clientrelations@visioncall.co.uk

Details of Service: National home visiting optical service. Sight tests are free to those who qualify. Visioncall uses the latest mobile testing technology and staff are trained to provide a dementia-friendly service. The company advised us that they have also implemented strict infection control measures in response to COVID-19. Contact Visioncall for further information.
Any service listed in this section is commercial and makes a charge for its services.

Please contact the service direct to find out more about what it does and ask about prices. If the service meets your needs and budget, contact them direct to make an appointment.

Osteopathy is a system of healing in which diseases are treated by manipulating bones and other parts of the body to restore functions in the bodily mechanism that have become deranged. Properly qualified osteopaths are registered with the General Osteopathic Council. To check the register, visit [www.osteopathy.org.uk](http://www.osteopathy.org.uk), telephone: (020) 7357 6655, ext. 242 or email [info@osteopathy.org.uk](mailto:info@osteopathy.org.uk)

**Torbay Osteopaths**
101 Berry Head Road, Brixham  TQ5 9AG
Telephone: (01803) 857333

and

50 Fore Street, St Marychurch, Torquay  TQ1 4LX
Telephone: (01803) 313012
Website: [www.torbayosteopaths.co.uk](http://www.torbayosteopaths.co.uk)
Email: [torbayosteos@aol.com](mailto:torbayosteos@aol.com)

**Contact:** Kevan Bumstead or Gemma Colbert

**Details of Service:** Registered osteopathy practice. Serves the whole of Torbay. Home visits may be possible on Monday and Thursday evenings and on Wednesdays during office hours.
Physiotherapists listed in this section are commercial and make a charge for their services. Please contact services direct to find out more about what they do and ask about prices. Once you have chosen a service, contact them to make an appointment.

What is Physiotherapy?
Physiotherapy is the treatment of disease, injury, etc. by physical means such as exercises (which may be in conjunction with other therapies). It is an essential part of the rehabilitation of patients who are convalescing or who have disabilities.

When employing the services of a physiotherapist, make sure they are trained and qualified and that they belong to a recognised professional body. Physiotherapists are registered with the Health and Care Professions Council (HCPC). Check registration online at www.hcpc-uk.org/check/ or call the HCPC’s Registration Department on 0300 500 4472. To raise a concern about a HCPC registered professional, call the HCPC’s Fitness to Practise Department on 0800 328 4218 (freephone) or 020 7840 9814. NB. Members of the Chartered Society of Physiotherapy will have the letters MCSP after their name.

This sheet lists private physiotherapists only, but you may also obtain home visiting physiotherapy services via the NHS. To see an NHS physiotherapist, make an appointment with your GP and then ask to see a physiotherapist; onward referral will be at the GP’s discretion.

Flow Studio
Flow Studio, Tormohun House, Off Barton Hill Road, Torquay TQ2 8JJ
Telephone: 07876 140160
Website: flowphysio.co.uk Email: info@flowphysio.co.uk

Contact Name: Katie Watson
Details of Service: Flow offers physiotherapy services, including home visits. The aim is to offer personalised services to meet the needs of each individual service user. As part of the physiotherapy service, Flow Studio offers massage and acupuncture. Each client is fully assessed and Flow Studio works with them to offer what they consider to be the best treatment to meet their individual needs. Flow also offers Pilates and yoga classes for varying abilities.

Offers daytime home visits by individual appointment. Serves Torbay and surrounding areas. Price: £55 for one hour plus travel, depending on location.
Rivendale Physiotherapy
Dornafield Road, Ipplepen TQ12 5TP
Telephone: 07764 340270
Website: www.rivendalephysio.co.uk
Email: catherine@rivendalephysio.co.uk

Contact Name: Catherine Watts
Details of Service: HCPC registered and chartered physiotherapist offering physiotherapy service for musculoskeletal conditions and rehabilitation. Offers home visits by appointment on Mondays, Wednesdays and Fridays 9.00 am – 5.00 pm. Serves Torbay, Newton Abbot and Totnes. Prices: £55 for home visits.

Zest Physiotherapy
Harbour Studios, 7 Beacon Quay, Torquay TQ1 2BG
Telephone: 07944 660192
Website: www.zestphysiotherapy.com
Email: zestphysiotherapy@gmail.com

Contact Name: Pauline Virgo
Details of Service: Private physiotherapy at home. Services offered include help with walking, pain management, help to increase strength, balance and flexibility and help with preparation for and recovery from surgery.

Offers home visits by individual appointment. Serves Torbay, Teignmouth and South Devon.
Other Titles in this Series
Most sheets have many pages, and details change often. If you would like copies, please request no more than 5 titles at a time (further details on p.3).

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Further Information and Advice

Torbay Disability Information Service

_Torbay Disability Information Service_ has been providing comprehensive information and advice to people in Torbay for over 21 years and we are a founder member of the Torbay Advice Network (TAN). Our service is open to any resident of Torbay affected by any type of disability. We also provide information to anyone working or caring for people with disabilities.

No referral is necessary. Simply call us on **0300 456 8373** or email us at _dis.torbay@nhs.net_

We offer:
- An enquiry desk service covering a wide range of topics related to disability support and independent living.
- Advice and information on disability-related issues.
- Over 40 web-based information sheets covering the questions that we get asked most frequently.

*Opening hours:* Monday to Thursday, 9.00am to 4.30pm; Friday, 9.00am to 1.00pm only.

**Signposts for Carers**

_Signposts for Carers_ is Torbay’s dedicated telephone support service, providing specialist information and advice to unpaid carers who are supporting someone who lives and/or pays Council Tax in Torbay. Contact _Signposts_ in confidence to find out about services, equipment, benefits and rights. Support is available on a short or long-term basis.

*Opening hours:* Monday to Friday: 9.00am - 5.00pm.

☎ (01803) 666620  📧 signposts@nhs.net
Was this information sheet useful?

We are keen to ensure that this information sheet is relevant to your needs and clear. We would be grateful if you would take a moment to answer the questions below and send your response to us either by email at dis.torbay@nhs.net or by post.

Our address is:
Torbay Disability Information Service
4th Floor, Union House
Union Street
Torquay TQ1 3YA

Q: Where did you get this information sheet from?

Q: How old are you?

Q: Was the information easy to read and helpful? (Please tick one box only)

- Very Easy
- Fairly easy
- Undecided
- Fairly difficult
- Very Difficult

Q: How might we improve it?

Q: What local disability related support do you struggle to find out about?

Note: Please contact us on 0300 456 8373 if you need help or have questions about the contents of this information sheet.
This document can be available in other languages and formats. For more information telephone 0300 456 8373