

Meal Delivery Services (P14)



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Document Information

- Date of Issue: August 2023
- Next Review Date: August 2025
- Last Review Date: May 2021
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Important: Please ensure that you are using the latest version of this information sheet. To check this, go to our information sheets page on the Trust website at www.torbayandsouthdevon.nhs.uk/disinfosheets or call the Disability Information Service on 0300 456 8373

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About this information sheet

This is one of a series of regularly updated local information sheets that aim to meet the most common information needs of people with disabilities and carers in Torbay.

Where possible, we try to keep our information up to date. However, we cannot guarantee that all of our information is constantly up to date - details change often and there may be changes to services of which we are not aware. If you know of a change to any of the services listed please advise us of this so that we can amend the details.

The information should be used as a guide only, as it may not cover all the organisations that can help with your needs. Torbay Disability Information Service (part of Torbay and South Devon NHS Foundation Trust) cannot guarantee the accuracy of the information or the quality of service provided by the organisations. No liability can be accepted for loss, damage, or injury arising out of any contract made by a private individual with any of the organisations listed.

Details change often, so please make sure you are using the current edition. Latest copies of the sheets are published on the following website page:

www.torbayandsouthdevon.nhs.uk/disinfosheets

If you do not have Internet access, you can ask for single copies from our office. A full list of our other information sheet titles can be found at the end of this sheet. **Information can be made available in other formats and languages. Please let us know what your needs are.**

Torbay Disability Information Service
4th Floor, Union House, Union Street
Torquay, TQ1 3YA

Telephone: 0300 456 8373 Email: tsdft.dis.torbay@nhs.net

Further Support

For information and advice about further support, please contact Torbay Adult Social Care Services on (01803) 219700 to discuss your concerns. If you live outside Torbay contact Care Direct on 0345 155 1007.

The Care Act 2014

Please be aware that the rules about getting and paying for social care started to change with the introduction of the Care Act in April 2015. To find out more about the Care Act and how it may affect you, please refer to the following pages on our Trust's website:
www.torbayandsouthdevon.nhs.uk/services/adult-social-care - these include a link to Independent Age's information about getting help with your care needs. You can also call us on 0300 456 8373 to request further information.

Meal Delivery Services Listings

Please note the following:

- Many commercial providers supply pre-prepared frozen meals. The meal delivery services on this sheet provide ready made meals.
- Food businesses are inspected by the local authority. Food hygiene ratings can be checked on <https://ratings.food.gov.uk>

Club Kents

The Kents Pub, Wellswood, Torquay, TQ1 2JG

Details of service: Hot meal delivery service. Choose one meal option a day on a rolling 2-week menu. Meals are made fresh on the day of the delivery. Delivery 7 days a week.

Area served: Torbay

Telephone: 07483 164 315

Email: info@clubkents.co.uk

Please contact supplier for further details and prices.

Devon Farm Kitchen

Rainbow House, Rowcroft Hospice,
Avenue Road, Torquay TQ2 5LS

Contact Name: Joe Bradshaw

Telephone: (01803) 217477

Website: www.devonfarmkitchen.co.uk

Email: hello@devonfarmkitchen.co.uk

Details of Service: New social enterprise established by Rowcroft Hospice, offering a frozen meal delivery service. Meals are prepared by hand using fresh locally sourced ingredients, then frozen and served on ceramic plates and bowls, which are collected on the next delivery. Some vegetarian and gluten free choices are available. Meals are delivered on weekdays (set days for each different area). All staff are DBS checked. All profits go to supporting Rowcroft Hospice.

Area Served: Torbay and most parts of South Devon (Rowcroft Hospice catchment area).

Please contact supplier for further details and prices.

Ducky Delish

Unit 5, Xpress Business Park,

Station Road, Chudleigh TQ13 0FJ

Contact Names: Pauline Tripe and Jacqui Murphy

Telephone: (01626) 859064 (call by 12.00 for next day delivery)

Website: www.duckydelish.co.uk

Email: info@duckydelish.co.uk

Details of Service: Fresh chilled meals made at Ducky Delish headquarters in Chudleigh and delivered daily. Meals arrive chilled in special microwavable containers.

Area Served: Torquay and some of Paignton. Also serves Devon areas, including Totnes, Newton Abbot, Exeter, Exmouth, Sidmouth, Dawlish, Buckfastleigh and Ashburton.

Please contact supplier for further details and prices

Oakhouse Foods

Unit 7, Orchard Court, Heron Road, Sowton Industrial Estate,
Exeter EX2 7NR

Contact Name: Mhairi Ashton

Telephone: (01392) 907950

Email: S.West@oakhousefoods.co.uk

Website: www.oakhousefoods.co.uk

Details of Service: Offers a selection of over 350 frozen meals and desserts, which can be cooked in an oven or microwave. Also provides a large range of everyday grocery products that are delivered with your chosen meals. Colour brochure, audio brochures and large print materials are available upon request.

Area Served: Torbay and West Country region.

Please contact supplier for further details and prices.

Parsley Box

Telephone: 0131 326 0131

Email: customersupport@parsleybox.com

Website: <https://www.parsleybox.com/>

Details of Service: Fast nationwide delivery, no fridge or freezer needed and microwave in minutes. All their meals are proudly made in the UK, using UK ingredients whenever possible.

Area Served: Whole of UK, the Channel Islands and the Isle of Man.

Please contact supplier for further details and prices.

Wiltshire Farm Foods

The Old Quarry, Caton Cross, Ashburton, Devon TQ13 7LH

Contact Name: Chris Meanwell

Telephone: (01626) 821182

Website: www.wiltshirefarmfoods.com

Email: eastdevon@wiltshirefarmfoods.co.uk

Details of Service: Meal delivery service on weekdays (and some areas on a Saturday) of pre-prepared frozen meals. Caters for special diets, and can offer soft and pureed meals, a calorie controlled range and an allergen free range. Free delivery by police checked drivers and no minimum order.

Area Served: Torbay and other areas in South Devon, PL & EX postcodes.

Please contact supplier for further details and prices.

Other Titles in this Series

Most sheets have many pages, and details change often. If you would like copies, please request no more than 5 titles at a time (further details on page 4).

For Disability Support Series	
Bathing and Showering	P02
Domiciliary Care Agencies	P05
Equipment Centres	P07
Equipment Hire and Loan Services (including wheelchair hire)	P08
Finding Funding for Extra Needs	P12
Home Maintenance Services and Building Adaptations	P10
Home Visiting Services	P23
Housework, Domestic Help and Laundry Services	P11
Housing Options for Older People	P25
Keeping Safe and Warm at Home	P13
Leisure and Day Opportunities	P28
Meal Delivery Services	P14
Shop Delivery Services	P16

Telecare (includes community alarm systems)	P04
Transport Services	P20
Care Home Series	
Care Homes: Assisted Living Torbay	C03
Care Homes: Nursing, Torbay	C02
Care Homes: Residential Torbay	C01

If you have any concerns or require further support with topics that are not mentioned above and are not sure where to go or who to contact, please contact Disability Information Service and we will try our best to help you.

Further information and advice

Torbay Disability Information Service has been providing comprehensive information and advice to people in Torbay for over 21 years and we are a founder member of the Torbay Advice Network (TAN). Our service is open to any resident of Torbay affected by any type of disability. We also provide information to anyone working or caring for people with disabilities.

No referral is necessary. Simply call us on **0300 456 8373** or email us at **tsdft.dis.torbay@nhs.net**

We offer:

- An enquiry desk service covering a wide range of topics related to disability support and independent living.
- Advice and guidance on disability-related social security issues, including benefit checks.
- Over 40 web-based information sheets covering the questions that we get asked most frequently.

Opening hours: Monday to Friday, 9am – 4pm.

- Signposts for Carers

Signposts for Carers is Torbay's dedicated telephone support service providing specialist information and advice to unpaid carers in Torbay. Contact *Signposts* in confidence to find out about services, equipment, benefits and rights. Support is available on a short or long-term basis.

Opening hours: Mondays to Thursdays, 9.00am - 4.30pm.
Fridays: 9.00am - 1.00pm.

Calls are diverted to a 24-hour staffed message taking service outside office hours. Your details and enquiry will be relayed to us and we will respond to your enquiry on the next working day.

 (01803) 666620

 signposts@nhs.net

Feedback Sheet

Was this information sheet useful?

We are keen to ensure that this information sheet is relevant to your needs and clear. We would be grateful if you would take a moment to answer the questions below and send your response to us either by email at tsdft.dis.torbay@nhs.net or by post.

Our address is:

Torbay Disability Information Service
4th Floor, Union House
Union Street
Torquay TQ1 3YA

Q: Where did you get this information sheet from?

Q: How old are you?

Q: Was the information easy to read and helpful? (Please tick one box only)

- ☐ Very Easy
☐ Fairly Easy
☐ Undecided
☐ Fairly Difficult
☐ Very Difficult

Q: How might we improve it?

Q: What local disability related support do you struggle to find out about?

Note: Please contact us on 0300 456 8373 if you need help or have questions about the contents of this information sheet.



Partners in Care

Ref: DIS, P14 – August 2023

This document can be available in other languages and formats. For more information telephone 0300 456 8373