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# TORBAY AND SOUTH DEVON NHS FOUNDATION TRUST

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## Haematology User Manual

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## Aim of User Manual

This user guide is designed to inform all service users of the Haematology Department the services that are available through this Department.

All departments within Torbay and South Devon NHS Foundation Trust Pathology Directorate aim to provide high quality, efficient, transparent and cost-effective service.

Feedback on this document and all aspects of the services offered are always welcome, please contact a member of the management team which can be found in the contacts section of this document.

Please do not print or duplicate this document as it is a controlled document maintained in accordance with ISO 15189:2022 accreditation standards.

Please be aware that it is not appropriate for patients to contact the Laboratory directly for test results or advice. All patient enquiries for these should be made through a Healthcare professional such as your registered General Practitioner.

## General Information

The Haematology Department offers a full analytical and robust advisory service for the Acute Trust and service users in the Trusts Local area. Where possible testing will be performed in house by Qualified and competent IBMS registered Biomedical Scientists and advice on Clinical Results is available from the Medical Team.

## Location & Address

Haematology Department

Torbay Hospital

Lowes Bridge

Torquay

TQ2 7AA

## Working Hours

Normal Working Hours: 0900 – 2000

Out of Hours: 2000 – 0900

| Haematology lab Availability and Out of Hours |                                     |  |                    |  |
|---|-------------------------------------|--|--------------------|--|
| Sample type                                   | Time of Day                         | Request  | Contact            | Results turnaround time  |
| <b>Non-Urgent/Routine Samples</b>             | 9am – 8pm                           | 1. Ordercomms<br>2. Standard (a4,white) multidisciplinary form   | No need to contact | Results normally available on computer within 2-4 hours of receipt of sample |
| <b>Urgent Samples/Requests</b>                | Weekdays<br>9am – 5:30pm            | 1. Ordercomms – <b><i>please use RED bag and sticker with RED border</i></b><br>2. Combined Haem-Chem emergency request form (pink/green)<br>3. Symphony forms (A&E) | Phone 55240        | Results available within 1 hours   |
|   | Weekdays 5:30pm – 8pm               | 1. Ordercomms – <b><i>please use RED bag and sticker with RED border</i></b><br>2. Combined Haem-Chem emergency request form (pink/green)<br>3. Symphony forms (A&E) | Phone 55240        | Results available within 1 hours   |
|   | Weekdays<br>8pm – 9am               | 1. Ordercomms – <b><i>please use RED bag and sticker with RED border</i></b><br>2. Pink form<br>3. Symphony forms (A&E)  | Bleep 219 if STAT  | Results available within 1 hours   |
|   | Weekends/Bank Holidays<br>9am – 4pm | 1. Ordercomms – <b><i>please use RED bag and sticker with RED border</i></b><br>2. Combined Haem-Chem emergency request form (pink/green)<br>3. Symphony forms (A&E) | Bleep 219 if STAT  | Results available within 1 hours   |
|   | Weekends/Bank Holidays 4pm – 9am    | 1. Ordercomms – <b><i>please use RED bag and sticker with RED border</i></b><br>2. Pink form<br>3. Symphony forms (A&E)  | Bleep 219 if STAT  | Results available within 1 hours   |

|                             | Time/Days                                   | Available Tests               | Contact             |
|-----------------------------|---|-------------------------------|---------------------|
| <b>Newton Abbot Hot Lab</b> | <b>08:30-16:00 Mondays &amp; Wednesdays</b> | <b>FBC (Full Blood Count)</b> | <b>Phone. 52563</b> |

|   | Time         | Available Tests   | Notes  |
|---|--------------|---|--|
| <b>Urgent Requests – Available Investigations</b> | 9am – 5:30pm | 1. Full blood count and Retic<br>2. INR: for warfarin therapy (please specify)<br>3. APTT: for heparin therapy (please specify)<br>4. Coagulation screen: for diagnostic purposes (please distinguish from anticoagulant therapy)<br>5. ESR & GFs | Phone Torbay Hospital Switchboard for Duty haematologist phone number        |
|   | 5:30pm – 9am |   | Mon to Fri 9:00am to 17:30pm phone 55240<br>During out of hours, bleep #6219 |

Please be aware that it is not appropriate for patients to contact the Laboratory directly for test results or advice. All patient enquiries for these should be made through a Healthcare professional such as your registered General Practitioner.

## Key Contacts

### Consultant Haematologist

- Dr Barry Jackson - 01803 654597 / [barry.jackson4@nhs.net](mailto:barry.jackson4@nhs.net)
- Dr Deborah Turner - 01803 655244 / [deborah.turner2@nhs.net](mailto:deborah.turner2@nhs.net)
- Dr Patrick Roberts - 01803 654597 / [patrick.roberts2@nhs.net](mailto:patrick.roberts2@nhs.net)
- Dr Heather Eve - 01803 655244 / [h.eve@nhs.net](mailto:h.eve@nhs.net)
- Dr Rui Zhao - 01803 655244 / [rui.zhao@nhs.net](mailto:rui.zhao@nhs.net)
- Dr Nwe Oo - 01803 654597 / [nwe.oo@nhs.net](mailto:nwe.oo@nhs.net)
- Dr Thomas Skinner - 01803 655244 / [thomas.skinner3@nhs.net](mailto:thomas.skinner3@nhs.net)

### Haematology Secretaries

- Secretarial Team – 01803 655237

### Technical Manager - Transfusion Medicine

- Steve Mills - 01803 655262 / [steve.mills@nhs.net](mailto:steve.mills@nhs.net)

### Technical Manager - Haematology

- Reginald Norris - 01803 655261 / [reginald.norris@nhs.net](mailto:reginald.norris@nhs.net)

### Results and General Enquiries

- 01803 655240

### Blood Bank Enquiries

- 01803 655241

For Haematology Clinical Advice please contact the Haematology Consultant on call (Haematologist of the week. HOW phone) via the Torbay Hospital Switchboard.

### Outpatient Clinics / Haematology Out Patient Clinics

(held at Newton Abbot Hospital)

Clinics held Monday – Thursday

### Patients

Please be aware that it is not appropriate for patients to contact the Laboratory directly for test results or advice. All patient enquiries for these should be made through a Healthcare professional such as your registered General Practitioner

## Quality Assurance

### Accreditation

The Haematology Department is a UKAS accredited Medical Laboratory No. 8917. Which is accredited to ISO15189:2022. The full scope of this accreditation and the tests accredited can be found on the UKAS Website.

On occasion some of the tests offered by the Laboratory may not be included in the scope for accreditation, this is due to the Laboratories commitment to keeping testing methods up to date and in line where possible with testing standards both at National and International level. Where a test is not UKAS accredited it will be noted in the result report.

The Laboratory has an in-house Pathology Quality Department which monitors the QMS and Governance key performance indicators.

### External Quality Assurance (EQA)

The Laboratory also takes part in high quality External Quality Assessment Schemes such as NEQAS.

### Providing Feedback

The Laboratory is committed to the continuous improvement of services and welcomes all feedback on its performance and services offered. Through a robust quality policy, we aim to deliver service improvements where possible.

If you wish to provide feedback, including compliments or complaints please contact a member of the Management Team. The contact details can be found in the Contacts section.

### Complaints and Compliments

On occasion there may be the requirement for a service user to lodge a complaint against the Laboratory or a service offered. In this situation we would encourage this complaint to be raised with the Laboratory Manager in the first instance. Complaints can be an important improvement opportunity and a way to better patient care.

The Trust has Local policies and procedures for complaints which can be found on the Trust intranet pages.

In the event of a serious incident please liaise with the Laboratory management and if it is required a DATIX can be raised.

If a patient would like to raise a concern or complaint these can be raised via the Patient Advice and Liaison Service (PALS) and the most up to date advice and contact details can be found on the Trust Internet site.

### Protection of Personal Information (Confidentiality)

The Laboratory adheres to legislation relating to data processing and the handling of sensitive clinical information. We work in line with the Trust local policies to ensure that the correct information is available to those who need it to improve patient care. The Department does not release information on patient results or samples to non-authorised requestors.

## Requesting Tests

### Request forms and Specimen Labelling

The Laboratory uses Laboratory Information Management Systems (LIMS) to manage patient samples. Users of the service are encouraged to use electronic requesting systems rather than paper request forms however we understand on occasion that it may be necessary to use a paper form.

When filling out the Pathology Request Forms, please ensure you have provided the patient information listed below. These are the minimum demographics that Haematology have requested to be provided on the forms depending on where the sample has come from.

| Requestor type           | First identifier              | Second identifier | Third identifier |
|--------------------------|-------------------------------|-------------------|------------------|
| In-patient / Out-patient | NHS number Or Hospital number | Name              | DOB              |
| GP                       | NHS number                    | Name              | DOB              |
| GUM Patients             | GUM Number                    | DOB               | NA               |
| Occupational Health      | Occupational Health Number    | Name              | DOB              |

Please Note: Failing to provide enough information on the Request Form may result in the sample you have provided being rejected.

## Rejection Criteria

| Rejection Reason   |  |
|--|--|
| No Citrate Tube Sent   | Where no sample is received the Laboratory is unable to perform any tests, users will be notified of this. |
| No Clotted Sample Received   | As above   |
| No Tall ESR Tube Sent  | As above   |
| No Grey Tube Received for Glucose  | As above   |
| No Grey Tube Received for Lactate  | As above   |
| No Sample Received   | As above   |
| No Test on Form/Request  | When no test is formally requested the Laboratory is unable to perform any investigation.                  |
| Poor Label Quality   | Illegible or unlabelled samples can not be tested without confidence in identity of patient.               |
| Sample Mislabeled  | As above   |
| Sample Unlabeled   | As above   |
| Urine Pot Received Instead of Tube   | Examples of incorrect samples.   |
| EDTA Sample Required but Not Received  | Examples of incorrect samples.   |
| Order Not Collected in ICE – Original Sample Number Must be Entered in Comment Box | A LIMS specific issue relating to auditable trails of sample collection.                                   |
| Other – Reason for Rejection Must be Entered in Comment Box                        |  |

## Unacceptable Samples

Unlabelled and inadequately labelled samples will not be accepted in the interest of patient safety unless they are unrepeatable (e.g. tissue samples).

Any sample which has more than one patient's details on, even if one of the patients' details are crossed out will be rejected.

Forms without specimens will be kept for 2 to 3 days and the requester, where possible, will be informed.

Leaking samples will usually be rejected unless they can be safely retrieved

## Examples of Poor Labelling



## Specimen Containers and Sample Collection

Sample collection is conducted by the wards and service users of the Laboratory, when using electronic requesting the system will advise on what sample container to use but if you have any doubts users are encouraged to check the intranet pages, this guide and if the information needed is not obviously available to contact the Laboratory for assistance.

- Blue Top - Contains Sodium Citrate Anticoagulant
- Gold Top - Plain Bottle (contains separating gel)
- Pink Top - Contains Potassium EDTA anticoagulant
- Purple Top - Contains Potassium EDTA anticoagulant

## Paediatric Samples

| Blue   | Brown   | Purple   | Grey   |
|--|---|--|--|
| <p>It is mandatory to fill to the broken line of the sample bottle (top of the label).</p> <p>For any special coagulation studies (other than the coagulation screen) please discuss with the consultant haematologist before collecting samples.</p> <p>Please ensure this sample is well mixed to avoid sample clotting.</p> | <p>If possible please fill to a minimum of 0.5ml or else the test(s) may have to be prioritised or not run.</p> | <p>A minimum of 0.5ml is required for Full Blood Count.</p> <p>Please ensure this sample is well mixed to avoid sample clotting.</p> | <p>If at all possible please fill to a minimum of 0.5ml or else the test(s) may have to be prioritised or not run.</p> |

## High Risk Samples

A high-risk sample is the responsibility of the requesting clinician to indicate or highlight that a specimen may carry a high risk of harm to staff or other service users. This should be clearly stated on the request. They MUST supply all relevant clinical details as is reasonable and practical at the time of initial clinical assessment.

Where there is a failure to follow this procedure a Datix incident report will be raised for investigation.

If you have any concerns about the transportation of High-Risk samples please contact the Laboratory directly.

## Requesting Urgent Tests

If a test is urgent, it is the responsibility of the requesting department and requesting healthcare professionals to pre alert the Laboratory where possible. Where it is not possible due to an emergency the sample should be hand transported and given to a member of the Laboratory staff with the full details of the test requested and the contact details, so staff know who to contact with the results.

## Requesting Additional Tests

Where an additional test is required for a sample that the Laboratory has already received, please contact the Laboratory by telephone to discuss adding additional tests on. Please be aware that due to the high-volume nature of many of the Laboratories tests it may not always be possible to add on to an existing sample.

## Specimen Transport

Transport of Patient samples to the Laboratory is primarily performed by the Trust Couriers.

The Torbay Hospital courier service collects samples from GP surgeries and local hospitals from Monday - Friday. Most sites are visited at least twice a day.

It is the responsibility of the clinician/nurse taking the sample from the patient to arrange transport of the specimen to the laboratory.

For an urgent or high-risk sample the Laboratory would advise Healthcare professionals to contact the laboratory prior to transport and ensure that the sample is handed to a member of the Laboratory staff. Please see the High-Risk sample section for more information.

## Out of hours Testing

The Laboratory operates an out of hours testing service for urgent requests and clinical advice is available from the on-Duty Haematology Consultant.

## Patient Consent

Please note that the laboratory may be required to disclose clinical information and family history to relevant healthcare professionals, where referral is required.

For example: The completion of an FOQ form will be viewed as implied consent

For Genetic testing: Where consent is required the requesting clinician will discuss requirements for consent and the patient and appropriate consent forms should be completed and signed.

In the event of an emergency situation the Laboratory may carry out necessary procedures provided they are in the patient's best interests.

## Results

### Validity of Results

While all assays are processed using extensive internal and external quality assurance procedures to ensure accuracy and precision,

very occasionally random errors may occur and escape detection. If your clinical opinion doubts the validity of a result, please contact the relevant pathology Consultant immediately.

### Communication of critical results

**All results to be phoned within 60 minutes of when results are available.**

| Parameter                           | Result                     | Comment   |
|-------------------------------------|----------------------------|---|
| Haemoglobin                         | <70 g/l                    | Normochromic normocytic (? blood loss)  |
|                                     | <50 g/l                    | Microcytic or macrocytic  |
| Neutrophils                         | <0.5 x 10 <sup>9</sup> /l  | After film examination  |
|                                     | >50 x 10 <sup>9</sup> /l   |   |
| Lymphocytes                         | >50 x 10 <sup>9</sup> /l   | After film examination (only if new)  |
| Platelets                           | <30 x 10 <sup>9</sup> /l   |   |
|                                     | >1000 x 10 <sup>9</sup> /l |   |
| Blood film abnormalities            |                            | Features suggestive of acute leukaemia or CML<br>uncontrolled haemolytic anaemia<br>MAHA (HUS, TTP) |
| Malaria (and other blood parasites) | Positive                   |   |
| INR                                 | >5.0                       | On Warfarin therapy   |
| APTT                                | >2.5                       | Unfractionated Heparin therapy  |
| Fibrinogen                          | <1.0 g/l                   |   |
| Plasma Viscosity                    | >3.0                       | If no previous results and no clinical details indicating cause.                                    |

## **Clinical Advice**

### **Interpretation of Results**

Senior clinical staff in all departments are available to discuss the choice of tests appropriate for a particular patient, interpretation

of the results and advice on further investigations. The reference ranges for paediatric samples are printed on the report form.

Detailed protocols on dynamic function tests are available. Factors such as daily variation, posture, venous stasis, many drugs etc.

can particularly affect some biochemical assays. If there is any doubt about the validity of an analytical result or drug effect please contact the laboratory.

### **Comments aiding in Interpretation**

Each result generated by the Laboratory may include comments as an aid to interpretation, if these are unclear or you require more guidance please contact the Laboratory.

## Investigations, Turnaround Times & Sample Requirements

### Turnaround Times

The Laboratory considers the Turnaround Times of samples (TAT) to begin at the point the Laboratory receive the sample. Once within the Laboratory setting a full audit trail should be available from the point of receipt to the result being released for each sample.

A&E FBC result < 1 hour from receipt

All FBC results < 6 hours from receipt

### Measurement of Uncertainty

In laboratory testing there are potential uncertainties that may affect test results (for example, specimen not collected correctly, presence of therapies, biological variation) Additionally, factors within the laboratory may lead to variation (for example time from arrival to processing). Laboratories have measures in place to minimize the level of uncertainty and this is reflected by the Quality Assurance processes in place.

Results provided by the laboratory are representative of the sample tested and must be considered against clinical presentation. There are several factors that may affect the quality and validity of a result that are outside of the laboratories control.

Please note this list is not exhaustive.

| Factors that may affect results | Mitigating actions  |
|---------------------------------|---|
| Transport of sample/Delays      | <ul style="list-style-type: none"><li>• Contact the laboratory in the event of any delays.</li><li>• Inform the laboratory of any urgent samples.</li><li>• Clearly label the date and time of collection where possible.</li></ul> |
| Underfilled                     | <ul style="list-style-type: none"><li>• Refer to user guide and check labels on collection bottles.</li><li>• Contact laboratory if unsure of requirements</li></ul>  |
| Out of Date Container           | <ul style="list-style-type: none"><li>• Check stock regularly.</li><li>• Check containers prior to collection.</li><li>• Do not over stock.</li></ul>   |
| Insufficient Clinical Details   | <ul style="list-style-type: none"><li>• Complete clinical details and ensure tests are requested, without appropriate clinical details samples may be delayed.</li></ul>  |

## Laboratory Portfolio & Reference Ranges

### General Haematology

| UKAS Accredited?  | Test Name   | Availability  | Sample Container | Adult Range                        | Units  |
|---|---|---|------------------|------------------------------------|--------|
| Y   | FULL BLOOD COUNT  | Daily TAT- 2 hours  | Purple Top       |                                    |        |
| Please note that FBC results generated at the Newton Abbot Hospital site are not UKAS accredited. |   |   |                  |                                    |        |
|   |   | FBC samples should be received within 24hrs of collection - Prolonged exposure to cold or heat may affect results |                  |                                    |        |
| Y   | Hb  |   |                  | M - 130 – 180<br>F - 120 - 150     | g/L    |
| Y   | RBC   |   |                  | M - 4.5 - 6.0<br>F - 3.8 - 5.5     | 1012/L |
| Y   | HCT   |   |                  | M - 0.40 - 0.53<br>F - 0.37 - 0.47 | L/L    |
| Y   | MCV   |   |                  | 80 - 100                           | fL     |
| Y   | MCH   |   |                  | 27 - 32                            | pg     |
| Y   | MCHC  |   |                  | 280 - 350                          | g/L    |
| Y   | RDW   |   |                  | 12 - 16                            |        |
| Y   | PLT   |   |                  | 150 - 400                          | 109/L  |
| Y   | MPV   |   |                  | 7.4 - 10.4                         | fL     |
| Y   | WBC   |   |                  | 4.0 - 10.0                         | 109/L  |
| Y   | WBC DIFFERENTIAL  |   |                  |                                    |        |
| Y   | Neut  |   |                  | 1.8 - 7.5                          | 109/L  |
| Y   | Lymph   |   |                  | 1.0 - 4.0                          | 109/L  |
| Y   | Mono  |   |                  | 0.2 - 1.0                          | 109/L  |
| Y   | Eos   |   |                  | 0.0 - 0.4                          | 109/L  |
| Y   | Baso  |   |                  | 0.0 - 0.1                          | 109/L  |
| Y   | BLOOD FILMS   | TAT - 24 hours  |                  |                                    |        |
|   | Blood films are made dependant on results obtained from the full blood count or if specifically requested. Blood films can be requested up to 8 hours post sample collection after which integrity of the cells prevent accurate reporting.                         |   |                  |                                    |        |
| Y   | PLATELET FUNCTION   | by arrangement  | Blue             |                                    |        |
|   | Please call the Consultant Haematologists to authorise platelet function test before requesting. Samples should arrive in the lab as soon as possible post collection. Transport of samples via tube systems, exposure to prolonged cold or heat may affect results |   |                  |                                    |        |

| UKAS Accredited? | Test Name  | Availability   | Sample Container                | Adult Range            | Units |
|------------------|--|--|---------------------------------|------------------------|-------|
| N                | PLAMA VISCOSITY  | Plasma Viscosity is no longer routinely available. Indications for testing include SLE crisis, hyper viscosity syndrome under the direction of Rheumatologist or Haematologist. Please request CRP as the primary inflammatory marker. PV is now tested at Derriford Hospital.<br><br>TAT-5 Days | Purple                          | 1.50 - 1.72            | mPa/s |
|                  | Samples for PV should be received in the laboratory within 24 hrs of collection. Prolonged exposure to cold or heat may affect results.  |  |                                 |                        |       |
| Y                | ESR  | Daily<br>TAT - Within an hour<br><i>Please note ESRs will be performed only for following criteria: Suspected TA, Giant Cell Arteritis, SLE and PMR. ESR is also used for the risk stratification of some patients with early-stage Classical Hodgkins Lymphoma</i>                              | Black                           | M - 0-10<br>F - 0 - 19 | mm/hr |
|                  | This is only in suspected cases of TA/GCA. Please do NOT cover tube with patient ID label below the white section at the top of the tube as this will cover the measurement area of the tube. Samples should arrive in the lab within 4 hrs of collection. Prolonged exposure to cold or heat may affect results |  |                                 |                        |       |
| Y                | RETICULOCYTES  | Daily - up to 24hrs post sample collection<br>TAT - 2 hours  | Purple                          | 50-100                 | 109/L |
|                  | This cannot be done on inadequately filled samples therefore ideally take a second sample for this test.   |  |                                 |                        |       |
| Y                | GLANDULAR FEVER  | Daily<br>TAT - <24 hours   | Gold (Ideally) or EDTA (Purple) |                        |       |
| Y*               | MALARIA PARASITES  | Daily<br>TAT - 24 hours  | Purple                          |                        |       |
|                  | <i>It is essential to include the countries patient has visited in the clinical details or else the sample will not be processed.</i>  |  |                                 |                        |       |
|                  | Screen includes: <ul style="list-style-type: none"><li>• Antigen Card – not UKAS accredited. *</li><li>• Thin film</li><li>• Thick film</li></ul> Samples for Malaria screen should be received in the laboratory within 24 hrs of collection. Prolonged exposure to cold or heat may affect results             |  |                                 |                        |       |

| UKAS Accredited?  | Test Name  | Availability           | Sample Container | Adult Range | Units |
|---|--|------------------------|------------------|-------------|-------|
| Y   | <b>COAGULATION SCREEN</b>  | Daily<br>TAT - 2 hours | Blue Top         |             |       |
| Y   | Prothrombin time   |                        |                  | 12.3-15.0   | sec   |
| Y   | Fibrinogen   |                        |                  | 1.7 - 4.0   | g/l   |
| Only adequately filled samples can be tested. Samples received >8hrs post collection cannot be processed. Prolonged exposure to cold or heat may affect results<br>Indication for coagulation screens: <ul style="list-style-type: none"> <li>• Patient history is suggestive of an underlying bleeding disorder.</li> <li>• Patient history of liver disease presenting with bleeding and requires an invasive procedure.</li> <li>• Paracetamol overdose.</li> <li>• Severe sepsis and at risk of DIC.</li> <li>• Novel anticoagulant overdose e.g. rivaroxaban, dabigatran, apixaban.</li> </ul> |  |                        |                  |             |       |
| Y   | <b>ANTICOAGULANT CONTROL</b>   | TAT - 2 hours          | Blue Top         |             |       |
| Y   | INR (Warfarin)<br>Indication for INR only:<br>Patient on warfarin<br>Aspirin overdose. | Daily                  |                  |             |       |
| Y   | APTT Ratio<br>(Unfractionated Heparin)   | Daily                  |                  | 1.5-2.5     | Ratio |
| N   | Anti Xa  | On request             |                  |             | iu/ml |
| Only adequately filled samples can be tested. Samples received >8hrs post collection cannot be processed. Prolonged exposure to cold or heat may affect results.  |  |                        |                  |             |       |
| Y   | <b>SUSPECTED THROMBOPHILIA</b>   | TAT - 7 days           |                  |             |       |
| Important: All tests below must be authorised by consultant Haematologist first before requesting. Only adequately filled samples can be tested.<br>Samples received >8hrs post collection cannot be processed. Prolonged exposure to cold or heat may affect results.  |  |                        |                  |             |       |
| Y   | Prothrombin Ratio  | Daily                  | Blue             | 12.3 -15.0  | sec   |
| Y   | APTT Ratio   | Daily                  | Blue             | 25.0-34.0   | sec   |
| Y   | Fibrinogen   | Daily                  | Blue             | 1.7 - 4.0   | g/L   |
| Y   | Antithrombin Activity  | 2 Weekly               | Blue             | 80 - 129    | iu/dl |
| Y   | Protein C Activity   | 2 Weekly               | Blue             | 70 - 130    | iu/dl |

|   |   |                                |                |             |                    |
|---|---|--------------------------------|----------------|-------------|--------------------|
| Y | Free protein S antigen  | 2 Weekly                       | Blue           | 52 - 139    | iu/dl              |
| Y | Lupus Anticoagulant (DRVVT)   | 2 Weekly                       | Blue           | <1.2        |                    |
| Y | Cardiolipin antibodies*   | 2 Weekly                       | Gold           | <19.9       | CU                 |
| Y | Beta 2 GP1 antibodies*  | 2 Weekly                       | Gold           | <19.9       | CU                 |
|   | * These are also available as <b>Cardiolipin Abs.</b> Samples should be spun and stored in a fridge within 24 hrs of collection Prolonged exposure to cold or heat may affect results.  |                                |                |             |                    |
| Y | Factor V Leiden mutation Pro-thrombin gene mutation   | 2 Weekly                       | Purple or Blue |             |                    |
|   | Note: If patient has been tested before for Factor V then repeat testing not indicated. Samples should be received into the lab as soon as possible post collection. Prolonged exposure to cold or heat may affect results. This test is referred to an external laboratory so samples should not be sent to lab late on a Friday or on Bank holidays to avoid transport delays which may affect the integrity of the sample. |                                |                |             |                    |
|   | <b>SUSPECTED DVT/PE</b>   | TAT - 2 hours                  |                |             |                    |
| Y | D Dimer   | as required                    | Blue           | 0 - 0.5     | feu/ml             |
|   | Note: The D Dimer is a negative predictor test meaning it is designed to exclude DVT, PE etc. if the result is normal. A high result does not necessarily indicate anything clinically relevant.<br><br>The D Dimer test is available up to 8 hours post samples collection.  |                                |                |             |                    |
|   | <b>SUSPECTED BLEEDING DISORDERS</b>   | as required<br>TAT - 2 hours   |                |             |                    |
| Y | Prothrombin time  |                                | Blue           | 12.3 - 15.0 | Sec                |
| Y | APTT  |                                | Blue           | 25.0-34.0   | Sec                |
| Y | Fibrinogen  |                                | Blue           | 1.7 - 4.0   | g/L                |
|   | Note: Factor assays may be performed if initial screen shows an abnormality. Please consult the Haematologist if specific tests are required.   |                                |                |             |                    |
| Y | Platelet Count  |                                | Purple         | 150 - 400   | 10 <sup>9</sup> /L |
|   | <b>SUSPECTED vWF/ HAEMOPHILIA/ PLATELET DISORDER</b>  | by arrangement<br>TAT - 1 week | Blue (x3)      |             |                    |
| Y | APTT  |                                |                | 25.0-34.0   | Sec                |

|   |               |  |  |          |       |
|---|---------------|--|--|----------|-------|
| Y | Factor VIII   |  |  | 50 - 150 | lU/dL |
| Y | Factor IX     |  |  | 50 - 150 | lU/dL |
| Y | vWF : Ag      |  |  | 50 - 150 | lU/dL |
| Y | vWF : (RiCoF) |  |  | 56 - 187 | lU/dL |

Note: Please liaise with the consultant Haematologist before requesting. For platelet disorder investigations please send an FBC as well. (See General Haematology Tests)

Only adequately filled samples can be tested. Samples received >8hrs post collection cannot be processed. Prolonged exposure to cold or heat may affect results

HAEMATOLOGY MOLECULAR BIOLOGY INVESTIGATION

Immunophenotyping, Cell Marker and Lymphocyte Monitoring

| UKAS Accredited?   | Test Name  | Availability                     | Sample Container | Adult Range | Units     |
|--|--|----------------------------------|------------------|-------------|-----------|
| Y  | IMMUNOPHENOTYPING (CELL MARKERS)   | TAT - 48 hours                   | Purple           |             |           |
| Note: For cell markers consult with the Haematologist. Non urgent requests do not send on a Friday or directly before bank holiday. Please contact 01803 655240 for the following tests: |  |                                  |                  |             |           |
| Y  | Acute Leukaemia  | Not Friday                       |                  |             |           |
| Y  | LPD/CLL  | Mon - Wed                        |                  |             |           |
| Y  | Natural Killer Cell  | Not Friday                       |                  |             |           |
| Y  | Plasma Cell Disorders  | Not Friday                       |                  |             |           |
| Y  | PNH  | Not Friday                       |                  |             |           |
|  | HAEMATOLOGY MOLECULAR BIOLOGY INVESTIGATION  | TAT - 1 week                     | Purple x2        |             |           |
| Y  | HLA  | Not Friday                       |                  |             |           |
| Y  | JAK2   | Not Friday                       |                  |             |           |
| Y  | HFE gene mutation  | Not Friday                       |                  |             |           |
| Y  | BCR  | Not Friday                       |                  |             |           |
|  | Note: Please identify which HLA is required. These never need repeating.<br>JAK2, HFE and BCR tests are all PCR and so samples cannot be used for any other testing. If other tests are requested on the sample the PCR will take preference. Samples should be received as soon as possible post collection, no longer than 24 hrs. |                                  |                  |             |           |
| N  | TPMT   | Daily<br>TAT - <3 weeks          |                  |             |           |
|  | LYMPHOCYTE MONITORING  | Mon -<br>Thurs<br>TAT - 72 hours | Purple           |             |           |
| Y  | CD3  |                                  |                  | 1100-1700   | cells/cmm |
| Y  | CD19   |                                  |                  | 200 - 400   | cells/cmm |
| Y  | CD4  |                                  |                  | 700 - 1100  | cells/cmm |
| Y  | CD8  |                                  |                  | 00 - 900    | cells/cmm |
| Y  | CD 8/4 Ratio   |                                  |                  | 1.0 - 1.5   |           |

**Haemoglobinopathy Investigation**

Confirmation of abnormal haemoglobins is confirmed by electrophoresis run within 14 days

| UKAS Accredited? | Test Name                     | Availability                  | Sample Container | Adult Range | Units |
|------------------|-------------------------------|-------------------------------|------------------|-------------|-------|
| Y                | THALASSAEMIA SCREEN           | Daily<br>TAT - 3 working days | Purple           |             |       |
| Y                | Capillary electrophoresis     |                               |                  |             |       |
| Y                | Haemoglobin A2 - Quantitation |                               |                  | 2.2 - 3.5   | %     |
| Y                | Haemoglobin F - Quantitation  |                               |                  | 0.2 - 0.8   | %     |

| UKAS Accredited? | Test Name  | Availability                   | Sample Container | Adult Range | Units |
|------------------|--|--------------------------------|------------------|-------------|-------|
| Y                | SICKLE SCREEN  | Daily<br>TAT - Within the hour | Purple           |             |       |
| Y                | Sickle Test*   |                                |                  |             |       |
| Y                | Capillary electrophoresis  |                                |                  |             |       |
| Y                | Haemoglobin S - Quantitation   |                                |                  |             |       |
|                  | *The Sickle Solubility test is offered out of hours if urgent and is also performed as a confirmatory test to Capillary electrophoresis. Capillary electrophoresis will be performed for sickle cell requests in normal working hours. |                                |                  |             |       |
| N                | G6PD SCREEN  | as required<br>TAT - < 7 days  | Purple           |             |       |
|                  | For other red cell enzyme investigations please consult with the Consultant Haematologist.   |                                |                  |             |       |

**Other Available Tests**

| UKAS Accredited? | Test Name   | Availability | Sample Container |
|------------------|---|--------------|------------------|
| Y                | BONE MARROW ASPIRATE/TREPHINE   | as required. |                  |
|                  | Please contact the Haematology Consultant to arrange test.<br>To include iron stain, cytochemistry, cell markers, cytogenetics and DNA studies where appropriate. |              |                  |
| Y                | URINARY HAEMOSIDERIN  | as required  | Urine container  |

### Immunology Testing Available at Torbay

| UKAS Accredited? | Test Name  | Availability | Sample Container | Adult Range | Units |
|------------------|--|--------------|------------------|-------------|-------|
| N                | <b>INTRINSIC FACTOR</b>                                      | Weekly       | Gold             | <25         |       |
| Y                | <b>ANTI-CARDIOLIPIN</b><br>(including Beta 2 glycoprotein 1) | 2 Weekly     | Gold             | <19.9       | CU    |
| Y                | <b>TISSUE TRANSGLUTAMINASE (TTG)</b>                         | Daily        | Gold             | <20         | U     |

Please be aware that if numerous immunology tests are requested then more than one gold topped sample will be required. If too many tests are requested on ICE there may be insufficient room for any add on tests - consider using a separate order for immunology.

## Referred Work

### Referred Immunology Tests

Immunology tests referred to Derriford Hospital or Royal Devon & Exeter Hospital may be referred elsewhere by them.

Please be aware that if numerous immunology tests are requested then more than one gold topped sample will be required. If too many tests are requested on ICE

There may be insufficient room for any add on tests - consider using a separate order for immunology.

TAT's are usually around 14 days with the exceptions of ANCA's if urgent (which is straight away, within 24 hours by agreement with Royal Devon & Exeter Immunology Lab.)

| Test Name   | Availability | Sample Container |
|---|--------------|------------------|
| AUTO IMMUNE PROFILE LIVER SCREEN  | Daily        | Gold             |
| Anti-nuclear ab   |              |                  |
| Smooth muscle ab  |              |                  |
| Mitochondrial ab  |              |                  |
| Gastro parietal cell ab   |              |                  |
| Liver/Kidney ab   |              |                  |
| Only request if liver involvement and NB ANA will be reported as NEG or POS no pattern or titre will be issued.   |              |                  |
| ANTI-NUCLEAR ab   | Daily        | Gold             |
| dsDNA   | Daily        | Gold             |
| ENA (EXTRACTABLE NUCLEAR ab)  | Daily        | Gold             |
| ENA will only be tested if there is a POS ANA with titre => 1:160. If ENA is positive an identification test will be run unless already known positive. |              |                  |
| ANCA (ANTI NEUTROPHIL CYTOPLASMIC ab)   | Daily        | Gold             |
| PR3 & MPO antibodies will be tested on Positive ANCA's.   |              |                  |
| ATSH = anti - TSH ab  | Daily        | Gold             |
| ADRENAL abs   | Daily        | Gold             |
| ANTI-SKIN ab  | Daily        | Gold             |
| AQUAPORIN 4 abs   | Daily        | Gold             |
| N-METHYL D ASPARATE RECEPTOR abs  | Daily        | Gold             |
| BASAL GANGLIA abs   | Daily        | Gold             |
| GADD DIABETIC (GLUTAMIC ACID DECARBOXYLASE)   | Daily        | Gold             |
| Includes GAD ab, IA2 ab and zinc transporter ab.  |              |                  |
| N.B On ICE this is GAD (Diabetes)   |              |                  |
| GAD ab - STIFF PERSON   | Daily        | Gold             |
| N.B On ICE this is GAD (STIFF PERSON)   |              |                  |
| GANGLIOSIDE ab  | Daily        | Gold             |
| GLOMERULAR BASEMENT MEMBRANE ab   | Daily        | Gold             |
| ANTI-INSULIN ab   | Daily        | Gold             |
| MYELIN ASSOCIATED GLYCOPROTEIN ab   | Daily        | Gold             |
| MYELIN OLIGODENDROCYTE GLYCOPROTEIN ab  | Daily        | Gold             |
| ANTI MUSCARINIC ANTIBODY  | Daily        | Gold             |
| MYOSITIS SPECIFIC ANTIBODIES  | Daily        | Gold             |
| NEURONAL abs  | Daily        | Gold             |
| OVARIAN abs   | Daily        | Gold             |
| PLA2R antibodies  | Daily        | Gold             |
| ANTI-PANCREATIC ISLET CELL ANTIBODY   | Daily        | Gold             |
| SALIVARY GLAND ab   | Daily        | Gold             |
| SKELETAL MUSCLE ab  | Daily        | Gold             |
| VOLTAGE GATED POTASSIUM CHANNEL ab  | Daily        | Gold             |
| VOLTAGE GATED CALCIUM CHANNEL ab  | Daily        | Gold             |
| G6PD  |              |                  |

## Haemoglobinopathies (Sickle Cell and Thalassemia) Antenatal Screening

The Haematology Laboratory at Torbay Hospital takes part in the Sickle Cell and Thalassemia (SCT) screening programme.

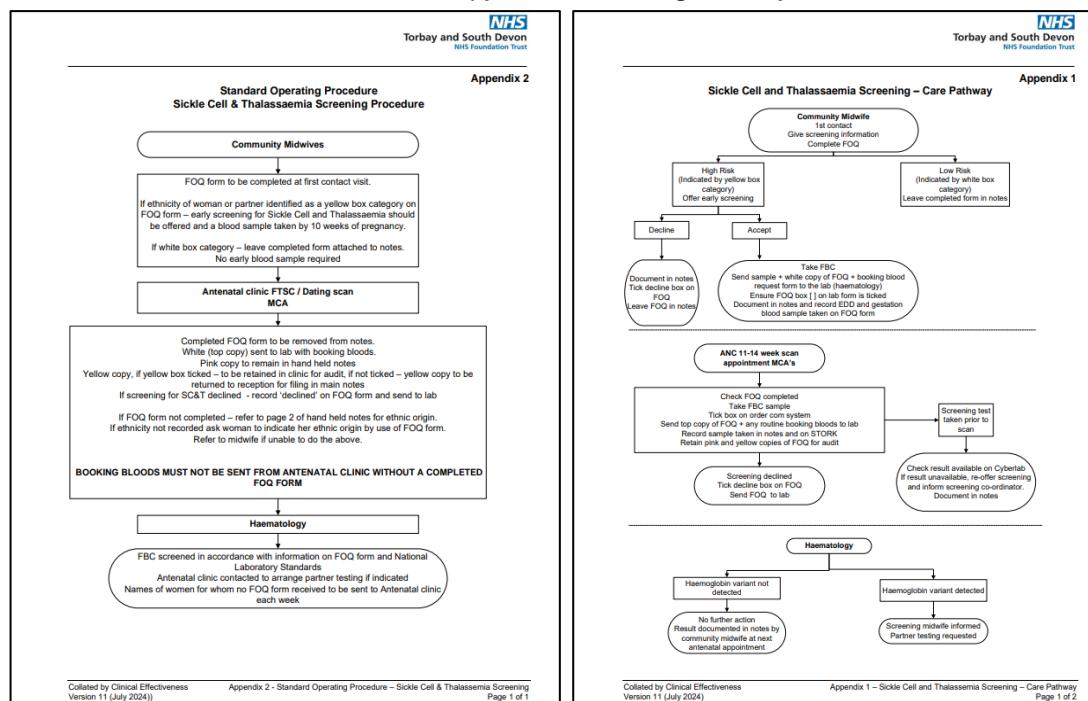
Haemoglobinopathies are a group of inherited blood disorders that fall into two main categories: haemoglobin variants such as sickle cell disease (SCD) and thalassaemias. If a patient is a carrier of the sickle cell or thalassaemia gene, it can be passed onto the baby. All pregnant women in England who have accepted screening will have laboratory testing for haemoglobin variants and thalassaemia. If the mother is found to be a carrier, screening may also be offered to the father.

The aim of the screening programme, is to offer sickle cell and thalassaemia screening by 8-10 weeks of pregnancy. This allows for the option of early prenatal diagnosis and the subsequent offer of termination to those found to have an affected pregnancy.

The screening test is based on the red blood cell indices and the family origin of the woman or birthing person and the biological father of the baby (FoB) as identified from the family origin questionnaire (FOQ).

For more information on screening please see the Trust Policy **Haemoglobinopathies (Sickle Cell And Thalassemia), Antenatal Screening For** (Reference Number: 0963)

Below is a copy of the Screening Pathway



## Specimen Guides

### Blood Collection: Vacutainer System

#### General Advice and Guidance

- Avoid contamination by using skin sterilizing fluids; all skin is to dry before venepuncture. Avoid prolonged use of tourniquet
- Use the vacutainer system where possible. Use of syringe and needle is NOT recommended. If a syringe is used, do not apply strong suction. Remove the needle before ejecting the blood in the uncapped container to avoid haemolysis.
- Blood cultures should be collected with a Butterfly needle system.
- Ensure the sample is put into the correct tube for the required test(s).
- It is important to follow the Trust order of draw.
- Do not pour blood from one type of collected tube to another.
- Mix blood in the sample tubes by gentle, repeated inversion.
- Label the sample clearly.
- Materials used for sample collection should be safely disposed of, as per Trust Policy.

#### Blood Collection Safety Concerns.

The Pathology department holds standard operating procedures which cover Health and Safety pre-examination, examination and post-examination for all specimens and samples.

These documents are updated regularly and are currently available on request. Please see a list of available documents below:

#### COSHH

This document is designed to help understand the COSHH regulations and responsibilities under these regulations, and to give simple guidelines to help with risk assessment and the controlling of hazards at work

#### Health & Safety Policy

This is the H&S policy designed for the Department of Pathology. Each member of staff must read the document at least once every twelve months

#### Specimen Guidance and Transport

This policy outlines the principles and laboratory guidelines for specimen collection and handling, transportation and referral to other laboratories.

#### Standard Precautions

Standard Precautions(SP) are a set of precautions designed to prevent parenteral, mucous membrane, and non-intact skin exposures of healthcare workers to blood borne pathogens.

For additional information or to receive a copy of one of the above documents please get in touch with a member of the relevant department.

## Blood Samples – General Guidance

### What is Required

All tests require a minimum volume of Plasma/Serum or whole blood depending on the test. Please ensure that where possible Blood samples are filled to an acceptable level and consider each patient's individual condition and requirements to minimise adverse effects on the patient's wellbeing.

If you require guidance, please contact the Laboratory to discuss a specific test or in the event you are unsure if the sample you have collected will be suitable for testing.

### Sample storage (prior to sample collection)

Please ensure that each sample container or blood collection device is stored appropriately as per the manufacturer's instructions and guidance. If you have a query please contact the Laboratory in the first instance.

### Taking the Sample

Follow trust policy on the use of Blood Collection Vacutainer Systems and see above for general guidance on this area.

### Sample storage (after collection)

Please ensure that samples are kept safely at an appropriate temperature and in a confidential area prior to transport to the Laboratory. If there are to be extended delays in transport please contact the Laboratory for guidance.

### Transporting the sample to the Laboratory

The Laboratory would recommend that a member of staff from the source of the sample taking area drops the sample at the drop off point located within Pathology on Level 3 at Torbay Hospital. If this is not possible please ask a member of the portering team to do so.

If you are located external to the Torbay Hospital Site, please check the Trust Courier transport schedule and liaise with the transport team to ensure that the sample is sent at the earliest possible opportunity.

### Where possible please indicate if a sample is to be considered urgent.

### Other considerations

#### Factors that may affect the results

- Delayed transport to the Laboratory.
- Incorrect/insufficient patient details on sample or if a form has been used.
- Incorrect/insufficient clinical details that may impact the tests performed and the priority of the testing.
- Damaged or out of date sample containers, blood tubes often contain chemical/reagents which may require specific storage and stock management.

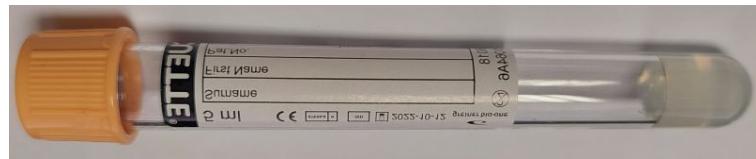
### Potassium EDTA tube



- **Colour:** Purple or Lavender
- **Information:** Potassium EDTA serves as the anticoagulant for the performance of almost all haematological tests. Larger EDTA bottles are used for transfusion samples only.
- **Important notes:** The tubes should be filled up to the line indicated on the tube to ensure the correct ratio to blood to anticoagulant is achieved for analysis. The sample should be inverted about six times to ensure the blood and anticoagulant mixes. The samples must not be shaken to mix the blood.

Please note that Haemoglobinopathy (Sickle Cell and Thalassaemia Screen) testing is performed on EDTA tubes and a FOQ (Family Origin Questionnaire) must be submitted with the sample.

### Serum separating tube (SST)



- **Colour:** Gold
- **Information:** This tube type is used for the vast majority of Biochemistry, Immunology Serology tests.
- **Important notes:** The sample should be inverted about six times to ensure the blood and gel mixes to activate the clotting process. **The samples must not be shaken to mix the blood.**

### Sodium citrate tube



- **Colour:** Light blue
- **Information:** The ratio between anticoagulant and blood for physiological examinations is 1:9.
- **Important notes:** The tubes should be filled up to the line indicated on the tube to ensure the correct ratio to blood to anticoagulant is achieved for analysis. The sample should be inverted about six times to ensure the blood and anticoagulant mixes. The samples must not be shaken to mix the blood.

### ESR Sodium citrate



**Colour:** Black Lid

**Information:** Contains Sodium citrate and is only used for patients suspected of having GCA (Giant Cell Arthritis).

**Important Notes:** This sample should be brought to room temperature prior to testing. The sample should be gently inverted 5-10 times to obtain the correct mixture.

#### **Please Note:**

For details on collection please see the Trust Venepuncture Procedure (Document Number 1535).

Disposal of materials used in collection of patient samples should follow local trust policies.