

# HEALTH AND CARE INSIGHTS

## Issue 10 – April 2018

### Coastal Locality Engagement

This month the [NHS](#) announced that a purpose-built building could be created in Teignmouth to co-locate GPs with the multi-disciplinary health and wellbeing team along with voluntary sector partners, and space for outpatient clinics. The engagement will also include a proposal not to introduce the rehabilitation beds that were originally planned following the previous consultation. The CCG and Trust believe that these beds are now not necessary as a result of the impact of other community services.

Local people are to be engaged on proposals (dates below) and from Monday 30 April, information, frequently asked questions and online feedback questionnaire is being published at [www.southdevonandtorbayccg.nhs.uk/teignmouth-engagement-2018](http://www.southdevonandtorbayccg.nhs.uk/teignmouth-engagement-2018). If the proposals go ahead, the new modern centre would be up and running before closure of the current Teignmouth Hospital.

Tuesday 15 May	Bitton House, Teignmouth	11.30am – 2.30pm; 6.30pm – 8.30pm
Wednesday 23 May	The Strand Centre, Dawlish	10.30am – 2pm
Wednesday 23 May	The Manor House, Dawlish	6.30pm – 8.30pm
Thursday 24 May	Teign Heritage Centre, Teignmouth	10am – 5pm

### £13m investment for emergency and urgent care

The Department of Health and Social Care has announced that we are to receive funding of up to £13m, to improve urgent and emergency services for local people. We bid for this funding to make much-needed improvements to the physical environment in Torbay Hospital's Emergency Department (ED) and to our overall emergency and urgent care. Through sheer hard work and determination, staff working in these services have improved the safety and experience for patients, however the environment they are working in limits what they can do.

The creation of two 'urgent treatment centres,' will enable us to provide better urgent care services across the whole of Torbay and South Devon as well as taking pressure away from our ED, improving patient experience. The centres will offer a greater range of services than a minor injury unit, with enhanced diagnostics facilities and co-located GPs, so staff will be able to assess and treat a wider range of conditions. The urgent treatment centres will be located on the Torbay Hospital site and at Newton Abbot Community Hospital. The centre for Torquay will be a new-build, Newton Abbot will be enabled to support enhanced urgent care services.

### More people have HOPE in Torbay and South Devon

In January we introduced The HOPE (Help Overcoming Problems Effectively) programme to help people struggling with long term conditions to manage their condition/s better and improve their wellbeing. The programme aims to boost self-confidence and resilience, helping people to cope better emotionally, psychologically and practically with their conditions. Around 100 local people who suffer from various conditions including: Fibromyalgia, anxiety/depression as well as people living with, or caring for those with dementia have benefited from the programme. Just a few comments participants have made are "I'm more confident" "I feel empowered to take control" "It is less like I'm struggling on my own". New programmes are being scheduled to start over the next few months and are open to the public as well as Trust staff. To find out more about the programme, or book a place by visiting the [Hope pages](#) on our website. Additionally, follow us on [Facebook](#) and Twitter for the latest information on courses.

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## Specialist Nurses Supporting People at Home

As we have written previously, we have invested in increasing the number of professionals we employ to support people to receive their care in their own homes and communities. We are



now caring for 40 per cent more people at home. In addition to having more nurses and therapists and other key professionals, we are also training them to be able to provide a wider range of services. We now have more nurses trained to provide intravenous (IV) treatment in people's own homes, meaning many no longer have to go to a hospital for this specialist treatment. Here is how just one person is already benefitting.

Nicky is deaf and physically disabled, confined to a wheelchair and when she needs moving, a hoist has to be used. Nicky has suffered with recurrent urinary tract infections (UTIs) since she was just two years old. Unfortunately the infections have worsened in recent years. She is now very prone to antibiotic resistance, and she has been admitted to hospital four times in the last two to three years, because she contracted sepsis. Nicky's considerable health challenges and her special needs mean that going to hospital for treatment is especially traumatic. During Nicky's most recent bouts of UTIs, not only were our nurses able to provide IV antibiotics to her at home, but, because Nicky's veins have become so bruised from previous treatments, they discussed her antibiotic needs with a Consultant Microbiologist, who was able to offer an oral alternative of the same drug.

## Building Brixham day centre is now underway

The foundations have now been laid for the new Brixham day centre. The day centre will be part of the health and wellbeing offer on the Brixham Hospital site, providing local people with access to a wide range of health and wellbeing services, in addition to day care. A total of 20 spaces in day services will be available, once the facility is up and running.

The Trust is working in partnership with the Brixham Hospital League of Friends and Brixham Does Care to build the day centre. Once open, it will be run by Brixham Does Care. The Brixham Hospital League of Friends have funded the build with Torbay and South Devon NHS Foundation Trust contributing the land. The day centre is planned to open early in 2019.

## Dartmouth public meeting

The Trust and Clinical Commissioning Group will be presenting information about current and future health and social care services in the town at two public events on Monday 14 May. A drop-in session will run from 1-5pm, followed by an open public meeting from 7-8.30pm. Both events are being held in St Saviour's Church and there will be plenty of time for the public to ask questions, as well as an opportunity to hear the latest news about plans for a health and wellbeing centre in the town. As well as taking questions on the night, people can submit questions in advance at: Dartmouth Caring, LIDL, the leisure centre, Pillars (newsagents), SPAR (Mayflower Close) and Old Market Café.

We hope you find this update useful and that you can see we are making real progress towards our aim of supporting more people to be well and independent. If you would like to receive future issues by email contact [tsdft.communications@nhs.net](mailto:tsdft.communications@nhs.net)