

AND, FINALLY . . .

When you need the Emergency Services the most - you need them quickly! A few minutes delay in them getting to you may make the difference between life and death!

So, in order to give the Emergency Services a fighting chance, please check your premises for the following NOW!

- ✓ The premises should display a **house name or number (or both) as near to the roadside as possible.**
- ✓ The name or number should be **large enough to be seen and contrast with the background** - white on black or black on white is ideal.
- ✓ If you have called for assistance look out for their arrival - a person waving is much easier to spot than a house number!

**Please! Help the
Emergency Services
to Help You!**



**Working Smoke
Alarms
Save Lives**

For general advice on fire safety in the home
call 0800 7311822 between 9am - 5pm

This 'Message in a Bottle' Scheme has been introduced by the **Lions Club of Paignton**

with the support of

- ◆ Torbay and South Devon Health NHS Trust Foundation Trust
- ◆ Torbay Council
- ◆ Westcountry Ambulance Services
- ◆ Devon & Somerset Fire & Rescue Service
- ◆ Devon & Cornwall Constabulary

THE LIONS CLUB OF PAIGNTON



***Paignton Lions are members of
Lions Clubs International,
a community service organisation
dedicated to the idea that men
and women who live in a
community are in the best
position to know who needs help.***

For more information about
Paignton Lions or the
'Message in a Bottle' Scheme
please telephone:

01803 328523

01803 606966

THE LIONS CLUB OF PAIGNTON



MESSAGE IN A BOTTLE SCHEME

An easy and free way
to store vital essential
information in your
home where the
Emergency Services can
immediately find it.



***Paignton Lions . . .
Caring for the Community***

SUPPORTED BY:

Torbay and South Devon **NHS**
NHS Foundation Trust



WHAT IS THE 'MESSAGE IN A BOTTLE' SCHEME?

The 'Message in a Bottle' Scheme is a simple idea designed to encourage people to keep their basic personal and medical details in a place where they can easily be found in an emergency.

HOW DOES THE SCHEME WORK?

The participant's personal information is kept in a plastic bottle with a push-fit lid that is big enough to hold all the necessary information for use in an emergency.

The bottle is kept in the **fridge**, where the emergency services will expect to look for it in the event of being called to your home.

They will know you have a bottle by two 'green cross' labels. One label is fixed to the inside of your **front door** (so that it is not visible from the outside) and the second is attached to the outside of your **fridge door**.



HOW MUCH WILL THE SCHEME COST ME?

There is no cost to the user. The basic costs for running the Scheme are being funded by the Lions Club of Paignton as one of its charity/community services, in partnership with Torbay and Southern Devon Health and Care NHS Trust.

WHERE CAN I GET A BOTTLE FROM?

The Emergency Information pack containing everything you need can be obtained from:

- ◆ **GP Surgeries**
- ◆ **Torbay Libraries**
- ◆ **'Connection' Offices**
- ◆ **Paignton Lions Club**
- ◆ **Signposts for Carers, Tel. 01803 666620**

WHAT INFORMATION WILL BE NEEDED?

You only need to complete the form in the bottle. If you require assistance, you can ask a relative, neighbour or carer to help you complete the form, or contact Signposts for Carers 01803 666620.

Please **do not** ask your Doctor to complete the form for you!

The information required on the form is:

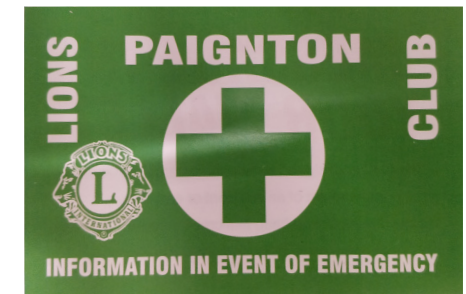
- ◆ Your full name and a brief physical description.
- ◆ Your Doctor's name, surgery address and telephone number.
- ◆ A brief description of any medical conditions you are suffering from.
- ◆ The names and addresses and telephone numbers of two persons who may be contacted in the event of your sudden illness or accident.
- ◆ Details of any pets which may be kept on the premises.

The form has a space for a passport sized photograph and it is recommended that one is attached to assist in identification.

In addition, we strongly recommend that you also keep a copy of your repeat prescription in the bottle. This is the form produced every time a repeat prescription is ordered and the information is of great value to the Ambulance Service.

ALSO AVAILABLE IS

MESSAGE IN YOUR WALLET



**MESSAGE IN A WALLET
CAN BE OBTAINED FROM
PAIGNTON LIONS CLUB**



**For more information or a further
supply of cards please telephone:**

01803 328523

01803 606966