

Booklist

Topic	Title	Author	Age range	ISBN	Tick if appropriate
Behaviour	The house of tiny tearaways	Dr Tanya Byron	1-7	563520361	
	New toddler taming	Dr Christopher Greene	0-4	91875285	
	Parenting Puzzle	Candida Hunt	3-12+	954470907	
	The Incredible Years	C. Webster Stratton	0-8	1892222043	
Self esteem & Confidence	Confident Children	Gail Lindenfield	0-16+	722539568	
	Self esteem for Girls	Elizabeth Hartley-Brewer	3-16+	91855861	
	Self esteem for boys	Elizabeth Hartley-Brewer	3-16+	009185587X	
	Helping children build self esteem	D. Plummer	all	1853029270	
Anxiety/ Worries & Fears	Helping your Anxious Child	Rapee, Spence, Cobham & Wignall	parents	0091884330	
	Huge bag of worries	Virginia Ironside	whole family	340903171	
	The wise mouse	Virginia Ironside	Younger	0954512308	
	Stress can really get on your nerves	Trevor Romain & Elizabeth Verdick		1575420783	
	Helping your anxious child	Dr David Lewis	3-16+	91884330	
	What to do when you Worry too Much – A Kid's guide to overcoming anxiety	Dawn Huebner, Ph.D.	3-11	978-1-59147-314-5	
Therapeutic parenting	Parenting a Child with Emotional and Behavioural Difficulties (Parenting Matters)	Dan Hughes	all	978-1907585609	
	Principles of Attachment-Focused Parenting: Effective Strategies to Care for Children	Dan Hughes	all	978-0393705553	
	Creating Loving Attachments: Parenting with PACE to Nurture Confidence and Security in the Troubled Child	Kim S. Golding	all	978-1849052276	
Teenagers	Parenting teenagers	Bob Myers	11+	1853023663	
	How to negotiate with kids... even when you think you shouldn't	Scott Brown	11+	142003980	
	Whatever, a down to earth guide to parenting teenagers	Gill Hines & Alison Baverstock	11+	0749927232	
	Understanding 12-14year olds	Margot Waddell	11+	1843103672	
	How to listen so kids will talk and talk so kids will listen	A Faber/E Mazlish	12+	60741252	
	Blame my Brain	Dr D Lewis	teens	1406311162	
	Divorce/separation	Putting children first..., a handbook for separated parents	K & N Woodall	all	0749928042
Children, feelings and divorce		Heather Smith	3-16+	1853434345	
Step families	Cinderella revisited	Peter Marshall	0-16	1854331418	
Anger	Teen esteem	Palmer, Roeher, Foehner	teens	1886230145	
	Hot stones & funny bones	B Seaward & L Bartlett	Teens	0757300367	

	The explosive child	Ross W Greene phd	5-16+	006077939X	
	A volcano in my tummy	E. Whitehouse	5-11	0865713499	
	Taming the dragon in your child	Meg Eastman/Sydney Rozen	1-16+	471176923	
	Think good feel good	P Stallard	8+	470842903	
	Cool cats, calm kids	Mary Williams		0915166941	
	Hot stuff to help kids chill out	Jerry Wilde	all	780965761031	
	Starving the Anger Gremlin	Kate Collins-Donnelly	10+	1425122272	
Low mood/depression	Feeling good handbook	David Burns	Adolescents	0452281326	
	Think good feel good	P Stallard	8+	470842903	
	So young , so sad, so listen	Philip graham/carol Hughes	5-16+	1904671233	
ADHD/ADD	Understanding ADHD: parents guide to attention deficit hyperactivity disorder in children	Christopher Greene & Kit Chee	Parents	0091817005	
	Learning to slow down and pay attention; A book for kids about ADHD	Kathleen G. Nadeau, Ellen B. Dixon, and Charles Beryl	4-8	1591471559	
Sleep	Solving children's sleep problems- a step by step guide for parents	Lynne Quine	0-18	1901292010	
	The sleep book for tired parents	Rebecca Huntley	0-6	285637037	
Sibling rivalry	Siblings without rivalry	Adele Faber/Elaine Mazlish	5-16+	18553406309	
	Raising happy brothers and sisters	Jan parker/Jan Stimpson	0-16+	340834757	
Bullying	Bullying – a parents guide	Jennifer Thompson	5-16+	1861440448	
	How to handle bullies, teasers and other meanies	Kate Cohen Posey	8-14+	1568250290	
Bereavement	Helping children overcome the loss of a loved one	William C Kroen PhD	3-16+	1575420007	
	Finding a way through when someone close has died	Pat mood/Lesley Whittaker	6-16+	1853029203	
Childhood Soiling	Meet the Poo Gang	Clair Short and Jane Weeks	7-11	Available online: www.ericshop.org.uk	
	Everybody Poo's	Taro Gomi	Pre School age	1-84507 258-8	
	Clouds and Clocks: A Story for Children who Soil	Matthew Galvin	3-6		
	It Hurts When I Poop: A Story for Children	Howard J Bennett	3-8		
	Constipation, Witholding and your Child: A Family Guide to Soiling and Wetting	Anthony Cohn	3+		
	Liam Goes to Poo in the Toilet: A Story about Trouble with Toilet Training	Jane Whelan Banks	3+		