

Email: foi.tsdfd@nhs.net
Our Ref: TSD10870

Dear Sir/Madam

Request for Information

We are writing to confirm that we have now completed our search for the information you requested.

A copy of the information is below:

For the purposes of this request:

- “HIV service” means the service or services responsible for providing specialist outpatient HIV care e.g a HIV Outpatients Service
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- “Psychological support” includes identification or assessment of psychological need, psychological interventions, specialist psychological therapies, neuropsychological support, mental health pathways, and HIV peer support. More information regarding psychological support services for people living with HIV, national standards and service specifications can be found in the [British HIV Association’s Standards of Psychological Support for Adults Living with HIV](#).

Where information is held separately by more than one HIV clinic or service, please provide separate responses where reasonably practicable. If information is not held, please state “not held”. If it is held only in part, please provide the information that is held.

- 1. Name of your Trust?**
- 2. Does the HIV service have a named or designated role with recorded responsibility for overseeing psychological support for adults living with HIV?**

If yes, please provide:

- a. the job title
- b. the relevant department or service;
- c. whether the post forms part of the HIV multidisciplinary team; and
- d. the funded whole-time equivalent allocated specifically to this responsibility, if recorded.

3. Does the HIV service have access to funded psychological practitioner capacity dedicated wholly or partly to people living with HIV?

If yes, please provide, where held:

- a. the profession(s) or job title(s);
- b. the funded whole-time equivalent dedicated to HIV care.

4. Using the table below, please indicate which services for people living with HIV are available within your Trust, the delivery route for each service (using the codes provided below), whether the service is commissioned specifically for people living with HIV, and whether the service uses Patient-Reported Outcome Measures (PROMs).

Type of support	Available?	Delivery route (Select all applicable codes)	Commissioned specifically for people living with HIV?	PROMs used?
Psychological needs identification or assessment	Yes / No / Not held	Select code	Yes / No / Not held	Yes / No / Not held
Low-intensity psychological interventions	Yes / No / Not held	Select code	Yes / No / Not held	Yes / No / Not held
Specialist psychological practitioners (e.g. clinical psychologists, counselling psychologists, psychotherapists)	Yes / No / Not held	Select code	Yes / No / Not held	Yes / No / Not held
Specialist psychological therapies	Yes / No / Not held	Select code	Yes / No / Not held	Yes / No / Not held
Neuropsychological assessment or support	Yes / No / Not held	Select code	Yes / No / Not held	Yes / No / Not held
Pathway for severe and enduring mental illness	Yes / No / Not held	Select code	Yes / No / Not held	Yes / No / Not held

HIV peer support	Yes / No / Not held	Select code	Yes / No / Not held	Yes / No / Not held
Online psychological support services	Yes / No / Not held	Select code	Yes / No / Not held	Yes / No / Not held
Other	Specify	Select code	Yes / No / Not held	Yes / No / Not held

Delivery-route codes:

- ***A: Provided within the HIV service***
- ***B: Referred to another NHS service***
- ***C: Provided by a commissioned HIV-specific VCSE organisation***
- ***D: Provided by a commissioned non-HIV-specific VCSE organisation***
- ***E: Provided by a commissioned independent or private provider***
- ***F: Information not held***

- 5. Does the Trust hold a current HIV training programme, training requirement, competency framework or guidance for staff delivering psychological support?**

If yes, please provide a copy or web link, or state:

- a. the title of the training or document;**
- b. the staff groups to which it applies; and**
- c. whether completion is mandatory or optional.**

- 6. For the calendar year 1 January to 31 December 2025, please provide the following recorded figures, where held:**

- a. the total number of people recorded as receiving HIV care;**
- b. the number who received a recorded psychological-needs identification, screening or assessment;**
- c. the number identified through that process as requiring or potentially benefiting from psychological support; and**
- d. the number referred by the HIV service for psychological support.**

If the Trust or Health Board already holds percentages corresponding to these figures, please also provide them. We are not asking the organisation to calculate percentages that it does not already hold.

- 7. For referrals made during 2025, please provide any recorded information held on waiting time, in calendar days, from the date of referral to the first attended psychological-support appointment.**

Where held, please provide:

- a. mean waiting time;
- b. median waiting time;
- c. the number of referrals included in the calculation; and
- d. the definition of waiting time used, and reporting period used.

We are not asking the Trust or Health Board to calculate a mean or median if it does not already hold that information.

8. Since 1 January 2020, has the HIV service completed an audit, self-assessment, service review, gap analysis or quality-improvement exercise that explicitly assessed provision against either of the following standards?

- 1. BHIVA Standards of Psychological Support for Adults Living with HIV
(either the 2011 Standards or the updated 2025 Standards)
- 2. Psychological Management of Children and Young People Living with HIV: Standards for Care

For each relevant exercise completed, please provide:

- a. its title and completion date;
- b. which standard was used;
- c. a copy of the final report, action plan or executive summary; or, if already published, a web link; and
- d. the recorded status of actions arising from it, where held.

Torbay and South Devon NHS Foundation Trust do not provide specialist outpatient HIV services and therefore does not hold the information requested.

HIV services in the Torbay area are provided by Devon Sexual Health, which is managed by Royal Devon University Healthcare NHS Foundation Trust.

You may therefore wish to redirect your request to the Royal Devon University Healthcare NHS Foundation Trust Freedom of Information Team who can be contacted on rduh.foi@nhs.net

Freedom of Information Team
Royal Devon University Healthcare NHS Foundation Trust
Devonshire House
Riverside Road
Barnstaple
EX31 1SW

The information supplied to you continues to be protected by the Copyright, Designs and Patents Act 1988. You are free to use it for your own purposes, including any non-commercial research you are doing and for the purposes of news reporting.

If you wish to discuss any of the above, please contact us, quoting the FOI reference number above.

If you are unhappy with the way in which we have handled your request, please contact the Data Protection and Freedom of Information Lead in the first instance. If you wish to make a formal complaint, you should write to our Complaints Manager at Torbay and South Devon NHS Foundation Trust, First Floor Bowyer Building, Torbay Hospital, Torquay TQ2 7AA or by email to tsdft.feedback@nhs.net

If you are not content with the outcome of your complaint or the internal review, you may apply directly to the Information Commissioner for a decision. Generally, the Information Commissioner will only make a decision once you have exhausted the complaints and/or internal review process provided by us. The Information Commissioner can be contacted at: The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF or through this link <https://ico.org.uk/global/contact-us/>

Yours sincerely,

Freedom of Information Team