

Issue 10 – 7 August 2020

Latest news from Torbay and South Devon

We are sending you this update to keep you informed about Trust developments. Please feel free to share these updates amongst your networks. If you wish to unsubscribe, or you have been passed this update by someone else and you would like to subscribe please email: communications.tsdf@nhs.net

We are ensuring our website has the latest information on it so please do look there for the most up-to-date information www.torbayandsouthdevon.nhs.uk/

You can also keep up-to-date by following us on [Twitter](#) and [Facebook](#)

Changes to Services

Our highest priority is always to provide high quality, safe services for local people. When the COVID-19 pandemic was at its height we had to step down a number of services in order to concentrate on the most urgent care. We did this by moving some services around to ensure those requiring urgent and emergency care were able to access care safely.

However, we know that this pandemic is likely to be with us for some time and it is important that people can access the services that they need. We have precautions in place so that we can open up more services but with measures such as social distancing we have to do this differently. We are offering many of our appointments as telephone or online where it is appropriate to do so. For those who do need to come into a hospital or clinic you will see we have made a number of changes such as mask wearing and ensuring you have the space to social distance.

If you would like to read more about the measures we are taking, guidance on attending an appointment, or updates on our services please take a look at our website [here](#)

Moving Back Louisa Cary and Turner wards

As part of our stepping back up services last weekend Louisa Cary and Turner wards relocated back to their original bases on the Torbay Hospital site.

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Both wards were relocated early in the pandemic to enable us to protect our patients and provide the safest care possible. These moves form part of our plans to step up services as we adjust to a new normal which allows for the ongoing circulation of COVID-19.

It is testament to our staff that we have been able to make these moves quickly, safely and with minimal disruption to our patients.

Coronavirus outbreak guidance – what you can and cannot do

If you want to find out information about what you can or cannot do you can access the information direct from the government website [here](#) It has all the up to date information on mask wearing, how many people you can meet with, what you shouldn't be doing as well as the government's stages in their roadmap. This information is regularly updated so will be accurate unlike some reports circulating.

Additional rules on face covering from 8 August

The requirement to wear a face covering will be extended to cover more venues from 8 August. The changes will focus on indoor settings where you are likely to come into contact with people you do not normally meet.

As well as museums, galleries, cinemas and places of worship the requirement now includes veterinary services, zoos, aquariums, visitor farms and storage and distribution facilities.

There are some circumstances, for health, age or equality reasons, where people are not expected to wear face coverings. Please be mindful and respectful of such circumstances, noting that some people are less able to wear face coverings, and that the reasons for this may not be visible to others.

Torbay Hospital League of Friends

Torbay Hospital's League of Friends have provided patient comfort packs as visiting is restricted because of COVID-19.

Torbay Hospital worked with the League to draw up a list of personal items for the packs to make patients' hospital stays more comfortable.

This is just one example of the wide range of support provided by Torbay Hospital League of Friends. If you would like to find out more about their work go to <https://www.thlof.co.uk/>

Better Health Campaign

This week Public Health England (PHE) launched the Better Health campaign to support people to live healthier lives and reduce their risk of serious illness, including COVID-19.

The campaign is targeted at groups most affected by obesity and is supported by a coalition of partners, including those providing weight management services.

The campaign is part of a new Obesity Strategy which encourages adults to introduce changes that will help them work towards a healthier weight, with a suite of free tools and apps supporting people to eat better, drink less alcohol and get active.

A new app has also been launched offering a free 12-week NHS Weight Loss Plan, helping people make healthier food choices and learn skills to prevent weight gain.

You can find out more by clicking [here](#)

Has someone exceeded your expectations?

Nominations for the next round of our Staff Hero awards are now open, so if you know of anyone who deserves to be celebrated for the fantastic work they do, let us know by filling in the form on our website: www.tsdf.t.uk/staffheroes

New Chief Nurse appointed

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We are delighted to announce the appointment of Deborah Kelly to the post of Chief Nurse.

Following a thorough recruitment process and a number of very strong candidates, Deborah Kelly joined the Trust as Chief Nurse on 1 August 2020.

The role has an especially key part to play now as the Trust continues its ground-breaking progress in providing integrated seamless, high-quality care to its communities - from hospital to home and beyond.



Deborah has recently returned from the Middle East, where she was Deputy Chief Nurse and Chief Nurse for Informatics at Sidra Medicine, Doha Qatar. Sidra Medicine is a greenfield site that activated in 2018 as the tertiary paediatric Trauma Centre for Qatar, providing tertiary services to women and children (400 beds) across Qatar and the Gulf Co-operation Council.

An experienced nurse, Deborah has previously held board level posts in the NHS and was Deputy Chief Nurse for Barts Health NHS Trust from 2014 to 2017.

Announcing the appointment, Sir Richard Ibbotson, Chairman of Torbay and South Devon NHS Foundation Trust, said: "Following a rigorous recruitment process I am delighted that Deborah has been appointed to this role.

"She has varied and highly relevant experience in many aspects of health care, including supporting the setting up of a national specialist centre for women and children services and playing a key role at a renowned, busy London Trust hospital.

"We believe Deborah's proven experience and leadership, along with her commitment and passion to provide the very best care, will take us on the next stage of our vision for our population."

Liz Davenport, Chief Executive of the Trust, said: "Deborah's appointment comes at an important time as we continue the latest stage in our transformation of services across acute hospital and community care, truly integrating health and care services.

"Deborah has demonstrated the perfect combination of compassionate care for her patients and innovative thinking, creativity and a passion for excellence. I am convinced she will help ensure continuity of the highest standards of professional practice amidst this period of change."

Deborah said: “I am very proud and excited to join Torbay and South Devon NHS Foundation Trust as Chief Nurse. To join an organisation that has led the way in delivering innovative, high quality of care for patients is a tremendous opportunity.

“I am passionately committed to building meaningful partnerships with patients and staff across health and social care, ensuring we continue to build a culture of inclusivity and opportunity for all, ultimately united and aligned in our efforts to achieve the very best experience and outcomes for patients.”

Liz Davenport added: “At the same time, we say a very fond farewell to Jane Viner, who retired as Chief Nurse at the end of July. Jane is well known and valued for her professional integrity, her championing of staff and service users, and for the huge contribution she has made to integrating services across Torbay and South Devon. We wish Jane well as she embarks on new adventures.”

The sun is out

We've got some warm, sunny weather heading our way! ☀️ Remember to try to stay out of the direct sun between 11am and 3pm when UV rays are strongest. Monitor the UV index at <https://uk-air.defra.gov.uk/data/uv-index-graphs> #BeattheHeat.



The Summer edition of our Trust's magazine, Healthy Futures, is now available to view online! 🎉

We hope this special edition gives you an insight into how we have all responded to COVID-19.

Read about the celebrations of recovering patients, the enhanced use of new technology in patient care, how we work with our local communities and their overwhelming generosity, as well as how our services are continuing safely.

To view a digital copy of 'Healthy Futures' 👉



www.torbayandsouthdevon.nhs.uk/uploads/healthy-futures-summer-2020.pdf

Mobile Testing

If you have symptoms of COVID-19 you can go to the mobile testing site at Lymington Road in Torquay, TQ1 4BD, but you will need to book online first.

To request a test follow this link: <http://orlo.uk/42pLz> or call 119.

The mobile testing centre will not be in Torquay on Monday 10 August* but will be returning on Tuesday 11 August, until at least Friday 14 August.

Results are usually available within 24 hours. You will need to provide photo ID when you attend the centre.

Anyone who has symptoms can request a test. Check if you have coronavirus symptoms at <http://orlo.uk/T4vQ5>

Car park closure - in order for testing to take place the coach station car park is closed to cars and pedestrians and we would ask people for their understanding while the temporary facility is in place.

*If you need a test on this date you will be advised how to get one when you apply.