

Issue 13 – 18 September 2020

Latest news from Torbay and South Devon

We are sending you this update to keep you informed about Trust developments. Please feel free to share these updates amongst your networks. If you wish to unsubscribe, or you have been passed this update by someone else and you would like to subscribe please email: communications.tsdf@nhs.net

We are ensuring our website has the latest information on it so please do look there for the most up-to-date information www.torbayandsouthdevon.nhs.uk. You can also keep up-to-date by following us on [Twitter](#) and [Facebook](#)

Latest national guidance on Test and Trace

There is now very high demand for coronavirus tests and it is vital we test people with symptoms to help stop the spread of the virus.

If you have COVID-19 symptoms, you must get a test.

If you don't have symptoms, don't get a test.

A recent survey at testing sites found a quarter of people turning up did not have symptoms. If you don't have coronavirus symptoms, and have not been advised to take a test by a doctor or a public health professional or by your local council, you should not be booking a test. Healthcare professionals will be checking those for symptoms at testing sites.

If you have any coronavirus symptoms you must isolate immediately for 10 days (don't wait for a test or a test result before doing so).

If you are identified as a contact of a positive case you must isolate for the full 14 days (even if for some reason you got a negative test during that period)

To stop the spread of the virus remember Hands. Face. Space: wash your hands regularly, use a face covering when social distancing is not possible and try to keep your distance from those not in your household.

STAY ALERT ► CONTROL THE VIRUS ► SAVE LIVES

Consultation update: Teignmouth and Dawlish



The Devon Clinical Commissioning Group (CCG) led consultation in the Coastal Locality which includes Teignmouth and Dawlish is running until 26 October 2020. The consultation is being run differently from normal because of the need to socially distance, but there will be lots of other opportunities for people to take part and give their views.

There has been excellent engagement so far, with a range of queries at each session. One of the key issues for staff and patients alike is parking, and the Trust's estates team will bring this into ongoing planning discussions with Teignbridge District Council. Dates of future meetings are:

Wednesday 23 September	6pm – 7:30pm	For more information on the meetings and how to join, visit the CCG's consultation meetings page .
Tuesday 29 September	3pm – 4:30pm	
Monday 5 October	11.30am – 1pm	
Saturday 17 October	11am – 12:30pm	

Healthwatch Devon (covering Plymouth, Torbay and Devon) is independently overseeing the consultation and evaluating the proposals to:

- Move high-use community clinics from Teignmouth Community Hospital to a health and wellbeing centre in Teignmouth
- Move specialist outpatient clinics from Teignmouth Community Hospital to Dawlish Community Hospital, four miles away
- Move day case procedures from Teignmouth Community Hospital to Dawlish Community Hospital
- Continue with the model of community-based intermediate care, reversing the decision to establish beds in Teignmouth Community Hospital

If these proposals are agreed, once services are up and running in the new health and wellbeing centre and Dawlish Community Hospital the Teignmouth Community Hospital site would be put on the market so that the sale proceeds can be used for NHS services.

Meeting with others safely

In line with Government advice and the new law '**Rule of 6**' please follow the key behaviours identified below to keep you, your family and colleagues safe from COVID-19:

Rule of 6 -Limits on the number of people you can see socially have changed. From today, when meeting friends and family you do not live with (or have formed a support bubble with) you must not meet in a group of more than 6, indoors or outdoors. This is against the law in England and the police will have the powers to enforce these legal limits, including to issue fines (fixed penalty notices) of £100, doubling for further breaches up to a maximum of £3,200.

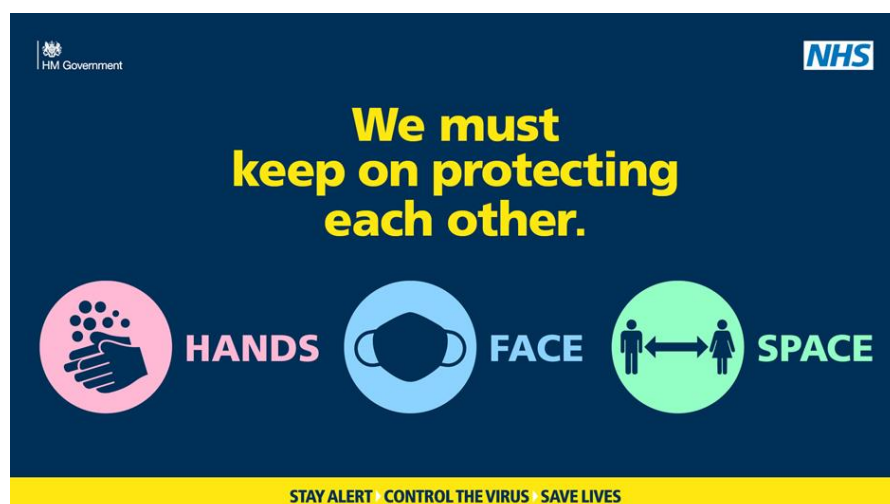
When seeing friends and family you do not live with you should:

- Meet in groups of 6 or less
- Follow social distancing rules
- Limit how many different people you see socially over a short period of time
- Meet people outdoors where practical: meeting people outdoors is safer than meeting people indoors because fresh air provides better ventilation

Key behaviours

- **HANDS** - Wash your hands regularly and for 20 seconds.
- **FACE** - Wear a face covering in clinical settings
- **FACE** – Wear a face mask in indoor settings where social distancing may be difficult, and where you will come into contact with people you do not normally meet.
- **SPACE** - Stay two metres apart from people you do not live with where possible, or one metre with extra precautions in place (such as wearing face coverings or increasing ventilation indoors).

For more details please visit the Government guidelines on the [GOV.UK website](https://www.gov.uk)



Announcement of Medical Director appointment

We are delighted to announce that Ian Currie has been appointed as our substantive Trust Medical Director and he will take up this position with immediate effect.

Ian is responsible for the quality and safety of the services provided by the Trust.

Ian is a consultant vascular surgeon. He trained in Bristol and the South West, Oxford and Sydney and has been a consultant at Torbay Hospital since 1998. Ian has a long-standing interest in integrated care models, urgent and emergency care and elective surgical care, and has held a range of appointments in educational and leadership roles throughout his career.



Gynae Cancer Awareness Month

Through September The Eve Appeal runs a national campaign, Go Red, and this year they are raising awareness of key red flag symptom - abnormal bleeding.

Find out about their work and Gynae Cancer Awareness Month [here](#)

Nightingale Hospital - Exeter

Providing diagnostic testing for the people of Devon and Cornwall

While in 'stand by' Nightingale Hospital Exeter is providing a range of diagnostic testing services. This includes:

- CT scanning services
- Ultrasound services
- Echocardiography tests

Approval has now been secured to local a mobile MRI at Nightingale, further increasing the capacity to reduce waiting times for this vital diagnostic test.



Last month, we were visited by the BBC's national news team, who shone a light on how we're supporting our local system by offering testing to patients with the longest waiting times and greatest clinical need. (See photo above)

Providing training for overseas nurses

The Nightingale is also now being used to provide training for Overseas Nurses, helping to quickly increase the number of trained nurses in the Peninsula.

This helps us to address the challenge of providing training in our busy local hospitals.

Torbay Council – Community Conference

Torbay Council are hosting a second community conference on Wednesday 30 September and you're all invited to join the conversation virtually online between 5pm and 7pm. Book your space at <http://orlo.uk/URQyu>

They want to hear from you and your communities about how they can build on the good work which has been taking place over the last year and work better together so they can make a positive difference to the lives of people in the Bay.

If you have any questions please contact engagement@torbay.gov.uk



Celebrating nursing and midwifery excellence in a pilot programme

We have been celebrating excellence in nursing and midwifery standards have been marked with award ceremonies at Torbay Hospital.



Staff from wards in Torbay Hospital and Newton Abbot and Totnes Community Hospitals were presented with certificates recognising their continued commitment to high quality of safe patient care in the pilot of the new national Ward Accreditation programme.

Wards were recently assessed against 14 standards; reflecting both the Nursing care '6 C standards' (care, compassion, courage, communication, commitment and competence) and the health watchdog Care Quality Council care fundamentals based around safety, quality, environment, caring and leadership.

Read more on our website: <https://www.torbayandsouthdevon.nhs.uk/.../ward-accreditation.../>

Nurse Apprenticeship Programme

The future of nursing looks brighter than ever as the first fully qualified nurses graduate from Torbay and South Devon's new Nurse Apprenticeship programme.

The former students began the 14-week work placements on wards as part of their apprenticeship during the intense height of COVID-19. Sadly, the pandemic has now delayed their summer graduation ceremony.

The Trust, working in partnership with the University of Plymouth, launched the new nursing degree apprenticeship scheme in 2018 for its trainee nurses and the first graduates have already started jobs.

The programme has the added benefits of apprentices not needing to pay for the course fees, and being paid while training. The graduates and work areas are

For more details of the apprentice nurse programme email tsdft.apprenticeships@nhs.net

Read more about this on our website: <https://www.torbayandsouthdevon.nhs.uk/?s=apprentice+nurses>

